

KEY: Black: Life Enrichment Activity
Blue: Health Services Activity

Pink: Musician
Red: Caregiver Field Trip

Purple: Fitness Class

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	<p>8:45 Gentle Movement 2</p> <p>9:15 Interactive Program</p> <p>1:15 Cook & Chat: Teatime Cucumber Sandwiches</p> <p>3:30 Engagement Program</p>	<p>9:15 Sing Along 3</p> <p>10:00 Christmas Card Creations w/ students</p> <p>1:30 Art Adventures</p> <p>3:15 1:1 Visits</p>	<p>9:15 Praise & Worship 4</p> <p>12:30 Christmas Songs w/ volunteers</p> <p>4:30 Daniel on the keys</p>	<p>9:30 Hand Massage 5</p> <p>10:30 Visit w/ Onx</p> <p>1:45 Birthday Social, Lil Rev</p>	<p>8:45 Gentle Movement 6</p> <p>9:30 Scenic Ride: Pewaukee Lake</p> <p>1:30 December Sensory</p> 	<p>9:15 December Can You Picture This? 7</p> <p>10:00 Bowling</p> <p>3:00 Music Requests</p> <p>6:00 Board Game</p>
8	<p>8:45 Gentle Movement 9</p> <p>9:15 Interactive Program</p> <p>1:15 Make Cookie Dough</p> <p>3:30 Engagement Program</p>	<p>10:00 Cookie Cutting & Baking w/ students 10</p> <p>1:30 Art Adventures</p> <p>3:15 1:1 Visits</p>	<p>8:45 Gentle Movement 11</p> <p>10:00 Decorate Cookies w/ students</p> <p>1:30 Sensory Experience</p> <p>3:00 Balloon Bop</p> <p>4:30 Daniel on the keys</p>	<p>9:30 Hand Massage 12</p> <p>10:30 Puzzle</p> <p>1:45 Poinsettia Day Social, Caribbean Eclipse</p>	<p>8:45 Gentle Movement 13</p> <p>9:30 Scenic Ride: Root River Parkway</p> <p>1:00 Short Story: Test Day</p> <p>1:45 Table Top Games</p> <p>3:30 Engagement Program</p>	<p>9:15 Holiday Finish the Phrase 14</p> <p>10:00 Bowling</p> <p>3:00 Music Requests</p> <p>6:00 Board Game</p>
15	<p>8:45 Gentle Movement 16</p> <p>9:15 Interactive Program</p> <p>1:00 Choir Performance Private Dining Room</p> <p>2:15 Cook & Chat: Banana Smoothie</p> <p>3:15 Color a Carol</p>	<p>9:30 Sing Along 17</p> <p>10:15 Trivia</p> <p>1:30 Art Adventures</p> <p>3:15 1:1 Visits</p>	<p>8:45 Gentle Movement 18</p> <p>9:15 Praise & Worship</p> <p>10:15 Interactive Activity</p> <p>1:30 Sensory Experience</p> <p>3:00 Balloon Bop</p> <p>4:30 Daniel on the keys</p>	<p>9:30 Hand Massage 19</p> <p>10:30 Visit w/ Onx</p> <p>Christmas Music Trivia</p> <p>1:00 Christmas Movie w/ Hot Chocolate & Popcorn</p>	<p>8:45 Gentle Movement 20</p> <p>9:30 Choir Performance by WHMS in Assisted DR</p> <p>1:00 December Group Up</p> <p>3:30 Engagement Program</p>	<p>9:15 December Pondering Prompts 21</p> <p>10:00 Bowling</p> <p>3:00 Music Requests</p> <p>6:00 Board Game</p>
22	<p>8:45 Gentle Movement 23</p> <p>9:15 Interactive Program</p> <p>1:15 Cook & Chat: Cranberry Cream Cheese Dip</p> <p>3:30 Engagement Program</p>	<p>9:00 Remembering the Sears Wish Book 24</p> <p>10:15 Christmas Service</p> <p>2:30 Balloon Bop</p> <p>3:15 1:1 Visits</p>	<p>25</p> 	<p>9:30 Gene Autry Christmas Program 26</p> <p>1:45 Christmas Social, Joe Kadlec</p>	<p>9:30 Scenic Ride: Elm Grove 27</p> <p>1:00 Finish the Phrase</p> <p>3:30 Engagement Program</p>	<p>9:15 December Junk Drawer Detective 28</p> <p>10:00 Bowling</p> <p>3:00 Music Requests</p> <p>6:00 Board Game</p>
29	<p>9:15 Interactive Program 30</p> <p>1:15 Cook & Chat: Snack Train</p> <p>3:30 Engagement Program</p>	<p>9:00 Morning Chronical & Stretch 31</p> <p>10:15 New Years Eve Program</p> <p>2:15 Balloon Bop</p> <p>3:15 1:1 Visits</p>	<p>Memory Care</p> <p>DECEMBER 2024</p>			

- = Life Enrichment Activity
- = Bus Trip
- = Resident Led Activity

Handy Numbers:
Front Desk: 262-780-0321
Life Enrichment: 262-202-8142

Activity Locations
 AR: Art Room (1st Floor) BT: Bistro (Lower Level)
 CH: Chapel (1st Floor) FR: Fitness Room (Lower Level)
 MR: Media Room (1st Floor) DR: Dining Room (Lower Level)
 PDR: Private Dining Room (Lower Level)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9:00 Catholic Mass CH 1</p>	<p>9:30 Morning Fit FR 2 10:30 Word Games MR 1:00 Dominoes MR 2:30 Cardio Drumming FR 6:00 Sheepshead BT</p>	<p>9:30 Balloon Bop MR 3 10:30 Rosary CH 12:30 Christmas Music Trivia w/ students MR 12:30 Walgreens & Banks 1:00-2:00 Country Store 2:00 Quarter BINGO BT 3:00 Art Class AR 3:15 UNO! MR 5:30 Wii Pro Bowling MR</p>	<p>-Decorating Day- Help Regency decorate for the holidays! Stop by any common area & see where you can help! 4</p> <p>10:00 Praise & Worship CH 1:00 Christmas Sing Along w/volunteers CH 6:00 Sheepshead BT</p>	<p>9:00 Metro Market \$ 5 9:00 Mini Golf Game MR 10:30 Word Games MR 11:00 Onx Visit MR 2:00 Birthday Social: Lil Rev DR 3:30 Balance FR 3:30 Art Class AR 5:30 Wii Pro Bowling MR</p>	<p>9:30 Scenic Ride: Pewaukee Lake 6 12:30-1:30 Country Store 3:00 What's Cookin' Class: Teatime Cucumber Sandwiches AR</p> 	<p>10:15 Dollar Bingo MR 7 1:00 Wii Bowling League MR 6:00 Sheepshead BT</p>
<p>9:00 Catholic Mass CH 8</p>	<p>9:30 Morning Fit FR 9 10:30 Word Games MR 1:00 Dominoes MR 2:00-4:00 Chaplin Visits 2:30 Cardio Drum FR 6:00 Sheepshead BT</p>	<p>9:30 Balloon Bop MR 10 10:30 Rosary CH 12:30 Decorate Christmas Cookies w/ students MR 1:00-2:00 Country Store 2:00 Quarter BINGO BT 3:00 Art Class AR 3:15 UNO! MR 5:30 Candy Cane Lane (Lights)</p>	<p>9:00 Manicures MR 11 9:30 Morning Fit FR 10:00 Praise & Worship CH 10:30 Wii Bowling Class MR 12:30 Christmas Card Making w/ students MR 2:30 Cardio Drumming FR 3:00 Art Class AR 6:00 Sheepshead BT</p>	<p>9:00 Metro Market \$ 12 9:00 Mini Golf Game MR 10:30 Word Games MR 2:00 Poinsettia Day Social: Caribbean Eclipse DR 3:30 Balance FR 3:30 Art Class AR 5:30 Wii Pro Bowling MR</p>	<p>9:30 Mind/Body Fit FR 13 9:30 Scenic Ride: Root River Parkway 10:00 Learn more about Judi Dench CH 12:30-1:30 Country Store 3:00 What's Cookin' Class: Banana Smoothie AR</p>	<p>10:15 Dollar Bingo MR 14 1:00 Wii Bowling League MR 6:00 Sheepshead BT</p>
<p>9:00 Catholic Mass CH 15</p>	<p>9:30 Morning Fit FR 16 10:30 Word Games: Finish the Holiday Phrase MR 1:00 Choir/Band Performance PDR 2:30 Cardio Drumming FR 6:00 Sheepshead BT</p>	<p>9:30 Balloon Bop MR 17 10:30 Rosary CH 1:00-2:00 Country Store 1:00 Walmart 2:00 Quarter BINGO BT 3:00 Art Class AR 3:15 UNO! MR 5:30 Wii Pro Bowling MR</p>	<p>9:00 Manicures MR 18 9:30 Morning Fit FR 10:00 Praise & Worship CH 10:30 Wii Bowling Class MR 2:15 What Am I? CH 2:30 Cardio Drumming FR 3:00 Art Class AR 6:00 Sheepshead BT</p>	<p>9:00 Metro Market \$ 19 9:00 Mini Golf Game MR 10:30 Word Games MR 11:00 Onx Visit 1:00 Christmas Movie w/ hot chocolate & popcorn MR 3:30 Balance FR 3:30 Art Class AR 5:30 Wii Pro Bowling MR</p>	<p>9:30 Choir Performance 20 by WHMS PDR 12:30-1:30 Country Store 3:00 Gene Autry Christmas Program CH 4:30 Daniel on the Keys PDR</p>	<p>10:15 Dollar Bingo MR 21 1:00 Wii Bowling League MR 6:00 Sheepshead BT</p>
<p>9:00 Catholic Mass CH 22</p>	<p>9:30 Morning Fit FR 23 10:30 Word Games MR 1:00 Dominoes MR 2:00-4:00 Chaplin Visits 2:30 Cardio Drumming FR 3:15 December Discussion MR 6:00 Sheepshead BT</p>	<p>9:30 Balloon Bop MR 24 10:30 Rosary CH 1:00-2:00 Country Store 2:00 Quarter BINGO BT 3:15 Christmas Carol Coloring AR 3:15 UNO! MR 5:30 Wii Pro Bowling MR</p>	<p>25</p> 	<p>9:00 Metro Market \$ 26 9:00 Mini Golf Game MR 10:30 Word Games MR 2:00 Christmas Social: Joe Kadlec DR 5:30 Wii Pro Bowling MR</p>	<p>9:15 Travelogue: 27 Montreux, Switzerland CH 9:30 Scenic Ride: Elm Grove 10:30 UNO MR 12:30-1:30 Country Store 3:00 What's Cookin' Class: Cranberry Cream Cheese Dip AR</p>	<p>10:15 Dollar Bingo MR 28 1:00 Wii Bowling League MR 6:00 Sheepshead BT</p>
<p>9:00 Catholic Mass CH 29</p>	<p>9:30 New Years History 30 10:30 Word Games MR 12:30 Hobby lobby 1:00 Dominoes MR 1:15 Soundtrack of Cinema CH 3:00 Readers Theater CH 6:00 Sheepshead BT</p>	<p>9:30 Balloon Bop MR 31 10:30 Rosary CH 1:00-2:00 Country Store 2:00 Quarter BINGO BT 3:15 UNO! MR 5:30 Wii Pro Bowling MR</p>	<p>Assisted Living</p> <p>DECEMBER 2024</p>			

Life Enrichment: 262-202-8142
 Support Office: 262-202-8150
 Main Front Desk: 262-780-0321

FC: Fitness Center

CM: Community Room

MR: Meditation Room

AR: Art Room

GR: Game Room

LB: Library

The shoe icon indicates the level of physical activity for a trip.
 1 shoe = low, 2 = medium, 3 = high.

RED = Outings (sign up @ Trip Sign-up Meeting for Restaurants & specialty trips. Sign up for shopping trips in Support Office or over the phone) *Please Arrive For Bus Pick-up 15 Minutes Prior To Listed Times *All outdoor trips are weather permitting

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	2 10:00 Bone Health Presentation CM 11:00 Strong Bodies FC 1:30 Functionally Fit CM 3:00 3rd Floor Meeting CM 3:00 Readers Theater AR 7:00 Pony Tail LB 7:00 BINGO CM	3 8:15 Intergenerational Program: Christmas Carol Trivia CM 9:30 Breakfast at First Watch 10:00 Tai Chi CM 11:30 Rosary MR 12:30 Walgreens/Banks 2:30 Walmart 3:00 1st Floor Meeting CM 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	4 11:00 Strong Bodies FC 2:00 Bible Study CM 3:00 2nd Floor Meeting CM 7:00 BINGO CM	5 9:00 Metro Market 10:00 Metro Market 1:00 Balance CM 1:30 Shuttle: Birthday Social, Lil Rev 6:30 Scrabble CM	6 9:30 Decorating Day 12:00 Cardio Drum FC 1:00 Scenic Ride: Hartland, stop at Inclusion Coffee Company 2:00 Monthly Swap CM 7:00 Pony Tail LB 7:00 A Christmas Story CM	7 6:30pm Mexican Dominos LB
8 10:30 Catholic Service CM 1:00 Carroll University: Christmas Performance with dinner at Avalanche Grill 2:00 Rummikub CM 2:00 Needlework Group LB	9 10:00 Coffee Shop CM 11:00 Strong Bodies FC 1:30 Functionally Fit CM 3:00 Readers Theater AR 7:00 Pony Tail LB 7:00 BINGO CM	10 8:15 Intergenerational Program: Christmas Card Making CM 9:00 Book Club LB 10:00 Tai Chi CM 11:30 Rosary MR 12:00 Sendik's Brookfield Corners 2:30 Target/Trader Joe's 3:00 Regency Choir CM 5:30 Candy Cane Lane 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	11 9:30 Scenic Ride to Oconomowoc, stop at Roots Coffee bar & Café 11:00 Strong Bodies FC 12:15 Intergenerational Program CM 1:00 Callisters Christmas Store 1:30 Functionally Fit CM 7:00 BINGO CM	12 9:00 Metro Market 10:00 Metro Market 1:00 Balance CM 1:30 Shuttle: Poinsettia Day Social, Caribbean Eclipse 6:30 Scrabble CM	13 10:30 Fun Friday CM 12:00 Cardio Drum FC 1:00 Scenic Ride: Muskego, stop at Pop's Pantry 7:00 Pony Tail LB 7:00 Miracle on 34th Street CM	14 6:30pm Mexican Dominos LB
15 10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	16 11:00 Strong Bodies FC 12:40 Shuttle for Middle School Performance 1:30 Functionally Fit CM 3:00 Community Meeting with Karissa CM 7:00 Pony Tail LB 7:00 BINGO CM	17 11:30 Rosary MR 1:00 Walmart 2:00 Cork N Classics Holiday Performance CM 3:00 Regency Choir CM 4:30 Wise Guys Dinner, AJ O'Brady's 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	18 9:00 Paine Mansion Tour & Stop for Lunch 11:00 Strong Bodies FC 1:30 Functionally Fit CM 7:00 BINGO CM	19 9:00 Metro Market 10:00 Metro Market 1:00 Balance CM 12:45 Majestic Cinema: Homestead Movie \$7 6:30 Scrabble CM	20 9:10 Shuttle: Choir Performance by WHMS 11:00 Fun Friday CM 12:00 Cardio Drum FC 1:00 Brookfield Square 7:00 Pony Tail LB 7:00 A Christmas Carol CM	21 3:00 Wine & Cheese 6:30pm Mexican Dominos LB
22 10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	23 9:00 Trip Sign Up CM 10:00 Aldi/Dollar Tree 11:00 Strong Bodies FC 12:30 Lunch at Chocolate Factory Elm Grove 1:30 Functionally Fit CM 3:00 Readers Theater AR 7:00 Pony Tail LB 7:00 BINGO CM	24 11:30 Rosary MR 3:00 Regency Choir CM 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	25 	26 9:00 Metro Market 10:00 Metro Market 1:30 Shuttle: Christmas Social, Joe Kadlec 6:30 Scrabble CM	27 1:00 Scenic Ride: Aggie's Bakery 7:00 Pony Tail LB 7:00 It's a Wonderful Life CM	28 9:00 Wise Guy's Coffee Hour CM 6:30pm Mexican Dominos LB
29 10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	30 9:30 George Webb Waukesha for Breakfast 10:00 Protestant Service 12:30 Hobby Lobby 3:00 Readers Theater AR 7:00 Pony Tail LB 7:00 BINGO CM	31 11:30 Rosary MR 3:00 Regency Choir CM 5:30 Annual New Years Party CM 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	Senior Living DECEMBER 2024			