

**KEY:** Black: Life Enrichment Activity  
 Blue: Health Services Activity

Pink: Musician  
 Red: Caregiver Field Trip

Purple: Fitness Class

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1 style="margin: 0;">Brookfield Memory Care</h1> <h1 style="margin: 0;">November 2024</h1>					<p>8:45 Gentle Movement <sup>1</sup></p> <p>9:30 Scenic Ride: Lake Park in Milwaukee</p> <p>1:30 Table Top Games</p> <p>3:30 Engagement Program</p>	<p>9:15 Pondering Prompts <sup>2</sup></p> <p>10:00 Bowling</p> <p>3:00 Music Requests</p> <p>6:00 Board Game</p>
<p><sup>3</sup></p> <p>8:45 Gentle Movement <sup>4</sup></p> <p>9:15 Interactive Program</p> <p>1:15 Cook &amp; Chat</p> <p>3:30 Engagement Program</p>	<p>9:00 Stretch <sup>5</sup></p> <p>10:00 Sing Along</p> <p>1:30 Art Adventures</p> <p>3:30 Engagement Program</p>	<p>8:45 Gentle Movement <sup>6</sup></p> <p>9:15 Praise &amp; Worship</p> <p>10:00 Program w/ High School Students</p> <p>1:30 Sensory Experience</p> <p>3:00 Balloon Bop</p> <p>4:30 Jacki on the Violin</p>	<p>9:00 Stretch <sup>7</sup></p> <p>9:30 Hand Massage</p> <p>10:30 Travelogue</p> <p>1:45 Ice Cream Social, Caribbean Eclipse</p> <p>3:45 Short Story</p>	<p>8:45 Gentle Movement <sup>8</sup></p> <p>9:30 Scenic Ride: Lake Drive in Muskego</p> <p>1:30 Table Top Games</p> <p>3:30 Engagement Program</p>	<p>9:15 November Match Up <sup>9</sup></p> <p>10:00 Bowling</p> <p>3:00 Music Requests</p> <p>6:00 Board Game</p>	
<p><sup>10</sup></p> <p>8:45 Gentle Movement <sup>11</sup></p> <p>9:15 Interactive Program</p> <p>1:15 Cook &amp; Chat</p> <p>3:30 Engagement Program</p> <p style="text-align: center;"><i>Veterans Day</i></p>	<p>9:00 Stretch <sup>12</sup></p> <p>10:00 Program w/ High School Students</p> <p>1:30 Art Adventures</p> <p>3:30 Engagement Program</p>	<p>8:45 Gentle Movement <sup>13</sup></p> <p>10:00 Program w/ High School Students</p> <p>1:30 Sensory Experience</p> <p>3:00 Balloon Bop</p> <p>4:30 Daniel on the Keys</p>	<p>9:00 Stretch <sup>14</sup></p> <p>9:30 Hand Massage</p> <p>10:30 Travelogue</p> <p>1:45 Birthday Social, Downtown Harrison</p> <p>3:45 Short Story</p>	<p>8:45 Gentle Movement <sup>15</sup></p> <p>9:30 Scenic Ride: Mukwonago</p> <p>1:30 Table Top Games</p> <p>3:30 Engagement Program</p>	<p>9:15 Trivia <sup>16</sup></p> <p>10:00 Bowling</p> <p>3:00 Music Requests</p> <p>6:00 Board Game</p>	
<p><sup>17</sup></p> <p>10:00 Memorial Service in Chapel</p> <p>1:15 Cook &amp; Chat</p> <p>3:30 Engagement Program</p>	<p><sup>18</sup></p> <p>9:00 Stretch <sup>19</sup></p> <p>10:00 Program w/ High School Students</p> <p>1:30 Art Adventures</p> <p>3:30 Engagement Program</p>	<p>8:45 Gentle Movement <sup>20</sup></p> <p>9:15 Praise &amp; Worship</p> <p>10:00 Program w/ High School Students</p> <p>3:00 Engagement Program</p> <p>4:30 Jacki on the Violin</p>	<p>9:00 Stretch <sup>21</sup></p> <p>9:30 Hand Massage</p> <p>10:30 Sing Along</p> <p>1:45 World "Hello" Day Social, Bruce Anthony</p> <p>3:45 Short Story</p>	<p>8:45 Gentle Movement <sup>22</sup></p> <p>9:30 Scenic Ride: Grant Park</p> <p>1:30 Table Top Games</p> <p>3:30 Engagement Program</p>	<p>9:15 Junk Drawer Detective <sup>23</sup></p> <p>10:00 Bowling</p> <p>3:00 Music Requests</p> <p>6:00 Board Game</p>	
<p><sup>24</sup></p> <p>8:45 Gentle Movement <sup>25</sup></p> <p>9:15 Interactive Program</p> <p>1:15 Cook &amp; Chat</p> <p>3:30 Engagement Program</p>	<p>9:00 Stretch <sup>26</sup></p> <p>10:00 Program w/ High School Students</p> <p>1:30 Art Adventures</p> <p>3:30 Engagement Program</p>	<p>8:45 Gentle Movement <sup>27</sup></p> <p>1:30 Sensory Experience</p> <p>3:00 Engagement Program</p> <p>4:30 Daniel on the Keys</p>	<p><sup>28</sup></p> <p style="text-align: center;"><i>Happy Thanksgiving</i></p>	<p>9:00 Interactive Activity <sup>29</sup></p> <p>1:30 Table Top Games</p> <p>3:30 Engagement Program</p>	<p>9:15 November Can You Picture This? <sup>30</sup></p> <p>10:00 Bowling</p> <p>3:00 Music Requests</p> <p>6:00 Board Game</p>	

- = Life Enrichment Activity
- = Bus Trip
- = Resident Led Activity

Handy Numbers:  
 Front Desk: 262-780-0321  
 Life Enrichment: 262-202-8142

Activity Locations  
 AR: Art Room (1st Floor)  
 CH: Chapel (1st Floor)  
 MR: Media Room (1st Floor)

BT: Bistro (Lower Level)  
 FR: Fitness Room (Lower Level)  
 DR: Dining Room (Lower Level)  
 PDR: Private Dining Room (Lower Level)

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

# Brookfield Assisted Living

# November 2024

**1**  
 9:30 Mind/Body Fit FR  
 9:30 Scenic Ride: Lake Park in Milwaukee  
 10:30 Yahtzee MR  
 12:15-1:15 Country Store  
 3:15 What's Cookin' Class AR

**2**  
 10:15 Dollar Bingo MR  
 1:00 Wii Bowling League MR  
 6:00 Sheepshead BT

9:00 Catholic Mass CH **3**

**4**  
 9:30 Morning Fit FR  
 10:30 Word Games MR  
 1:00 Dominoes MR  
 2:30 Cardio Drumming FR  
 6:00 Sheepshead BT

**5**  
 9:00 Lease Meeting DR  
 10:30 Rosary CH  
 1:00 Educational Activity CH  
 2:00 Quarter BINGO BT  
 3:00 Art Class AR  
 3:15 UNO!  
 5:30 Wii Pro Bowling MR

**6**  
 8:15 Program w/ students MR  
 9:00 Manicures MR  
 9:30 Morning Fit FR  
 10:00 Praise & Worship CH  
 10:30 Wii Bowling Class MR  
 1:00 Decorate Cookies MR  
 2:30 Cardio Drumming FR  
 3:00 Art Class AR  
 6:00 Sheepshead BT

**7**  
 9:00 Metro Market \$  
 9:00 Mini Golf Game MR  
 10:30 Word Games MR  
 2:00 Ice Cream Social: Caribbean Eclipse  
 3:30 Balance FR  
 3:30 Art Class AR  
 5:30 Wii Pro Bowling MR

**8**  
 9:30 Mind/Body Fit FR  
 9:30 Scenic Ride: Lake Drive in Mukego  
 10:30 Travelogue to Cleveland, Ohio CH  
 12:15-1:15 Country Store  
 3:15 What's Cookin' Class AR

**9**  
 10:15 Dollar Bingo MR  
 1:00 Wii Bowling League MR  
 6:00 Sheepshead BT

9:00 Catholic Mass CH **10**

**11**  
 9:30 Morning Fit FR  
 10:30 Word Games MR  
 1:00 Dominoes MR  
 2:00-4:00 Chaplin Visits  
 2:30 Cardio Drum FR  
 6:00 Sheepshead BT



**12**  
 9:30 Balloon Bop MR  
 10:30 Rosary CH  
 12:15 Program w/high school students MR  
 2:00 Quarter BINGO BT  
 3:00 Art Class AR  
 3:15 UNO!  
 5:30 Wii Pro Bowling MR

**13**  
 8:15 Program w/ students MR  
 9:00 Manicures MR  
 9:30 Morning Fit FR  
 10:00 Praise & Worship CH  
 10:30 Wii Bowling Class MR  
 2:30 Cardio Drumming FR  
 3:00 Art Class AR  
 6:00 Sheepshead BT

**14**  
 9:00 Metro Market \$  
 9:00 Mini Golf Game MR  
 10:30 Word Games MR  
 2:00 Birthday Social: Downtown Harrison  
 3:30 Balance FR  
 3:30 Art Class AR  
 5:30 Wii Pro Bowling MR

**15**  
 9:30 Mind/Body Fit FR  
 9:30 Scenic Ride: Mukwonago  
 10:30 Table Top Games MR  
 12:15-1:15 Country Store  
 3:15 What's Cookin' Class AR

**16**  
 10:15 Dollar Bingo MR  
 1:00 Wii Bowling League MR  
 6:00 Sheepshead BT

9:00 Catholic Mass CH **17**

**18**  
 9:30 Morning Fit FR  
 10:00 Memorial Service CH  
 1:00 Dominoes MR  
 1:00 Culvers Custard Trip \$  
 2:30 Cardio Drumming FR  
 6:00 Sheepshead BT

**19**  
 9:30 Balloon Bop MR  
 10:30 Rosary CH  
 12:15 Program w/high school students MR  
 2:00 Quarter BINGO BT  
 3:00 Art Class AR  
 3:15 UNO!  
 5:30 Wii Pro Bowling MR

**20**  
 8:15 Program w/ students MR  
 9:00 Manicures MR  
 10:00 Praise & Worship CH  
 10:00 Dollar Tree \$  
 1:00 Walmart \$  
 10:30 Wii Bowling Class MR  
 4:30 Daniel on the Keys  
 6:00 Sheepshead BT

**21**  
 9:00 Metro Market \$  
 9:00 Mini Golf Game MR  
 10:30 Word Games MR  
 2:00 World "Hello" Day Social: Bruce Anthony  
 3:30 Balance FR  
 3:30 Art Class AR  
 5:30 Wii Pro Bowling MR

**22**  
 9:30 Mind/Body Fit FR  
 9:30 Scenic Ride: Grant Park  
 10:30 Chrysanthemum Program CH  
 12:15-1:15 Country Store  
 3:15 What's Cookin' Class AR

**23**  
 10:15 Dollar Bingo MR  
 1:00 Wii Bowling League MR  
 6:00 Sheepshead BT

9:00 Catholic Mass CH **24**

**25**  
 9:30 Morning Fit FR  
 10:30 Word Games MR  
 12:30 Goodwill \$  
 1:00 Dominoes MR  
 2:00-4:00 Chaplin Visits  
 2:30 Cardio Drumming FR  
 6:00 Sheepshead BT

**26**  
 9:30 Balloon Bop MR  
 10:30 Rosary CH  
 12:15 Program w/ high school students MR  
 1:00 Mitchell Park Domes, \$6, pay at the Domes, \$  
 2:00 Quarter BINGO BT  
 3:00 Art Class AR  
 3:15 UNO!  
 5:30 Wii Pro Bowling MR

**27**  
 9:30 Morning Fit FR  
 10:00 Praise & Worship CH  
 2:30 Cardio Drumming FR  
 6:00 Sheepshead BT



**29**  
 10:30 Table Top Games  
 12:15-1:15 Country Store  
 12:30 Scenic Ride: Oconomowoc Lakes

**30**  
 10:15 Dollar Bingo MR  
 1:00 Wii Bowling League MR  
 6:00 Sheepshead BT

Life Enrichment: 262-202-8142  
 Support Office: 262-202-8150  
 Main Front Desk: 262-780-0321

FC: Fitness Center  
 CM: Community Room  
 MR: Meditation Room

AR: Art Room  
 GR: Game Room  
 LB: Library

The shoe icon indicates the level of physical activity for a trip.  
 1 shoe = low, 2 = medium, 3 = high.

**RED = Outings** (sign up @ Trip Sign-up Meeting for Restaurants & specialty trips. Sign up for shopping trips in Support Office or over the phone) \*Please Arrive For Bus Pick-up 15 Minutes Prior To Listed Times \*All outdoor trips are weather permitting

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>Brookfield Senior Living</h1> <h2>November 2024</h2>					<b>1</b> 10:30 Fun Friday CM 12:00 Cardio Drum FC 1:00 Sheepshead LB <b>1:00 Mission BBQ &amp; Scenic Ride</b> 2:00 Monthly Swap CM 7:00 Pony Tail LB	<b>2</b> 6:30pm Mexican Dominos LB
<b>3</b> 10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB 3:15 Wise Guys Men's Gathering: Packers Game CM	<b>4</b> 11:00 Strong Bodies FC 1:30 Functionally Fit CM <b>3:00 3rd Floor Meeting CM</b> 3:00 Readers Theater AR 7:00 Pony Tail LB 7:00 BINGO CM	<b>5</b> <b>9:00 Walgreens/Banks</b> <b>10:30 Lease Renewal Meeting CM</b> 11:30 Rosary MR <b>12:00 Majestic Movie Tuesday</b> <b>3:00 1st Floor Meeting CM</b> 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	<b>6</b> <b>9:30 McDonalds for Breakfast</b> 11:00 StrongBodies FC <b>12:15 Kitchen Creations Around the World CM</b> <b>1:15 Fitness Walk at Foxbrook Park</b> 1:30 Functionally Fit CM 2:00 Bible Study CM <b>3:00 2nd Floor Meeting CM</b> 7:00 BINGO CM	<b>7</b> <b>9:00 Metro Market</b> <b>10:00 Metro Market</b> 1:00 Balance CM <b>1:30 Shuttle: Ice Cream Social, Caribbean Eclipse</b> 6:30 Scrabble CM 7:00 Sheepshead LB	<b>8</b> 10:30 Fun Friday CM 12:00 Cardio Drum FC 1:00 Sheepshead LB <b>1:00 Marshalls/Home Goods (West Allis)</b> 7:00 Pony Tail LB	<b>9</b> 6:30pm Mexican Dominos LB
<b>10</b> <b>9:00 Sendik's at Brookfield Corners</b> 10:30 Catholic Service CM <b>11:00 Holiday Art &amp; Craft Fair, Brookfield East</b> 2:00 Rummikub CM 2:00 Needlework Group LB	<b>11</b> 11:00 Strong Bodies FC 1:30 Functionally Fit CM 3:00 Readers Theater AR 7:00 Pony Tail LB 7:00 BINGO CM 	<b>12</b> <b>8:15 Intergenerational Program w/ high school students</b> <b>9:30 Target &amp; Trader Joes</b> 10:00 Tai Chi CM 11:30 Rosary MR <b>1:00 Farm &amp; Fleet &amp; Kohls</b> 3:00 Regency Choir CM 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	<b>13</b> <b>9:30 Mimosa for Breakfast</b> 11:00 Strong Bodies FC <b>12:15 Intergenerational Program w/ high school students CM</b> <b>1:00 Michaels</b> 7:00 BINGO CM	<b>14</b> <b>9:00 Metro Market</b> <b>10:00 Metro Market</b> 1:00 Balance CM <b>1:30 Shuttle: Birthday Social, Downtown Harrison</b> 6:30 Scrabble CM 7:00 Sheepshead LB	<b>15</b> 10:30 Fun Friday CM 12:00 Cardio Drum FC 1:00 Sheepshead LB <b>1:00 Culvers &amp; Scenic Ride</b> 7:00 Pony Tail LB	<b>16</b> 3:00 Wine & Cheese 6:30pm Mexican Dominos LB
<b>17</b> 10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	<b>18</b> <b>9:30 Aldi</b> 10:00 Coffee Shop CM <b>1:00 Memorial Service CM</b> <b>3:00 Community Meeting with Karissa CM</b> 7:00 Pony Tail LB 7:00 BINGO CM	<b>19</b> <b>8:15 Intergenerational Program w/ high school students</b> <b>9:30 Metcalfe's Market</b> 10:00 Tai Chi CM 11:30 Rosary MR <b>12:15 Majestic Movie Tuesday</b> 3:00 Regency Choir CM 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	<b>20</b> <b>10:00 Dollar Tree</b> <b>12:15 Intergenerational Program w/ high school students CM</b> <b>1:00 Walmart</b> 2:15 Bible Study CM <b>4:15 Dinner at Delafield Brewhaus</b> 7:00 BINGO CM	<b>21</b> <b>9:00 Metro Market</b> <b>10:00 Metro Market</b> 1:00 Balance CM <b>1:30 Shuttle: World "Hello" Day Social, Bruce Anthony</b> 6:30 Scrabble CM 7:00 Sheepshead LB	<b>22</b> 10:30 Fun Friday CM 12:00 Cardio Drum FC 1:00 Sheepshead LB <b>1:00 Scenic Ride to Mequon Public Market</b> 7:00 Pony Tail LB	<b>23</b> 9:00 Wise Guys Men's Gathering CM 6:30pm Mexican Dominos LB
<b>24</b> 10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	<b>25</b> <b>10:00 Protestant Service</b> 11:00 Strong Bodies FC 1:30 Functionally Fit CM 3:00 Readers Theater AR <b>4:00 Dinner at Champs</b> 7:00 Pony Tail LB 7:00 BINGO CM	<b>26</b> <b>8:15 Intergenerational Program w/ students</b> <b>9:30 Woodmans</b> 10:00 Tai Chi CM 11:30 Rosary MR <b>1:00 Mitchell Park Domes, \$6</b> 3:00 Regency Choir CM 6:30 Domino Chicken Foot LB 6:30 Pub Night CM 7:00 L.C.R CM	<b>27</b> <b>10:30-3:00 Potawatomi</b> 11:00 StrongBodies FC 1:30 Functionally Fit CM 2:00 Crafts with Elaine 2:15 Bible Study CM 7:00 BINGO CM	<b>28</b> 	<b>29</b> 1:00 Sheepshead LB <b>4:30 Scenic Ride to Candy Cane Lane</b> 7:00 Pony Tail LB	<b>30</b> 6:30pm Mexican Dominos LB