

KEY: Black: Life Enrichment Activity
Blue: Health Services Activity

Pink: Musician
Red: Caregiver Field Trip

Purple: Fitness Class

Memory Care October 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		9:00 Stretch 1 10:15 Art Adventures 1:30 Bootlegger's Presentation, Media Room 3:00 Coffee Hour 6:00 Ball Toss	8:45 Gentle Movement 2 9:15 Praise & Worship 10:00 Sensory Experience 2:30 Balloon Bop 4:30 Jacki on the Violin	9:00 Stretch 3 10:30 Sing Along 1:45 Birthday Social 3:45 Short Story 6:00 Balloon Toss	8:45 Gentle Movement 4 9:30 Scenic Ride: Doctor's Park 1:30 Table Top Games 3:00 Coffee Hour 6:00 Be Funny Friday!	9:15 Can You Picture This? 5 10:00 Bowling 1:00 Movie & Snacks 3:00 Music Requests 6:00 Board Game
6	8:45 Gentle Movement 7 9:30 1:1 Visits 10:15 Bingo 1:30 Cook & Chat 3:00 Coffee Hour 6:00 Craft Corner	9:00 Stretch 8 9:45 Sing Along 1:45 Art Adventures 3:00 Coffee Hour 6:00 Ball Toss	10:00 Program w/ Local High School Students 9 1:15 Sensory Experience 2:30 Balloon Bop 4:30 Jacki on the Violin	9:00 Stretch 10 9:30 Hand Massage 10:30 Travelogue 1:45 Country Social 3:45 Short Story 6:00 Balloon Toss	8:45 Gentle Movement 11 9:30 Scenic Ride: Eagle 1:30 Table Top Games 3:00 Dance Activity 3:00 Coffee Hour 6:00 Be Funny Friday!	9:15 Songs of School Days 12 10:00 Bowling 1:00 Movie & Snacks 3:00 Music Requests 6:00 Board Game
13	8:45 Gentle Movement 14 9:30 1:1 Visits 10:15 Bingo 1:30 Cook & Chat 3:00 Coffee Hour 6:00 Craft Corner	9:00 Stretch 15 10:00 Program w/ Local High School Students 1:45 Art Adventures 3:00 Coffee Hour 6:00 Ball Toss	8:45 Gentle Movement 16 9:15 Praise & Worship 10:00 Program w/ Local High School Students 1:15 Sensory Experience 2:30 Balloon Bop 4:30 Daniel on the Keys	9:00 Stretch 17 9:30 Hand Massage 10:30 Onx Therapy Dog 3:45 Short Story 6:00 Balloon Toss	8:45 Gentle Movement 18 9:30 Scenic Ride: Holy Hill 1:30 Table Top Games 3:00 Squirrel Day Activity 3:00 Coffee Hour 6:00 Be Funny Friday!	9:15 Travel Brief: Borneo 19 10:00 Bowling 1:00 Movie & Snacks 3:00 Music Requests 6:00 Board Game
20	8:45 Gentle Movement 21 9:30 1:1 Visits 10:15 Bingo 1:30 Cook & Chat 3:00 Coffee Hour 6:00 Craft Corner	9:00 Stretch 22 10:00 Program w/ Local High School Students 1:45 Art Adventures 3:00 Coffee Hour 6:00 Ball Toss	8:45 Gentle Movement 23 10:00 Program w/ Local High School Students 1:15 Sensory Experience 2:30 Balloon Bop 4:30 Daniel on the Keys	9:00 Stretch 24 10:00 Sing Along 2:30 Halloween Craft 5:30-7:00 Trick or Treat 6:00 Balloon Toss	8:45 Gentle Movement 25 9:30 Scenic Ride: Wind Lake 1:30 Table Top Games 3:00 Coffee Hour 6:00 Be Funny Friday!	9:15 Remembering Halloween Costumes 26 10:00 Bowling 1:00 Movie & Snacks 3:00 Music Requests 6:00 Board Game
27	8:45 Gentle Movement 28 9:30 1:1 Visits 10:15 Bingo 1:30 Cook & Chat 3:00 Coffee Hour 6:00 Craft Corner	9:00 Stretch 29 10:00 Program w/ Local High School Students 1:45 Art Adventures 3:00 Coffee Hour 6:00 Ball Toss	8:45 Gentle Movement 30 9:15 Praise & Worship 10:00 Program w/ Local High School Students 1:00-2:30 Vaccine Clinic 4:30 Daniel on the Keys	9:00 Stretch 31 9:30 Hand Massage 10:30 Onx Therapy Dog 1:45 Halloween Social 3:45 Short Story 6:00 Balloon Toss		

- = Life Enrichment Activity
- = Bus Trip
- = Resident Led Activity

Handy Numbers:
 Front Desk: 262-780-0321
 Life Enrichment: 262-202-8142

Activity Locations
 AR: Art Room (1st Floor) MR: Media Room (1st Floor)
 CH: Chapel (1st Floor) BT: Bistro (Lower Level)

FR: Fitness Room (Lower Level)
 DR: Dining Room (Lower Level)
 PDR: Private Dining Room (Lower Level)

Assisted Living

October 2024




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<div style="font-size: 24px; color: orange; margin-bottom: 10px;">Assisted Living</div> <div style="font-size: 48px; margin-bottom: 10px;">October 2024</div>		9:30 Balloon Bop MR 1 10:30 Rosary CH 1:00-2:00 Country Store 1:30 Live Bootlegger Program w/ David MR 3:00 Art Class AR 3:30 UNO! 5:30 Wii Pro Bowling MR	9:00 Manicures 2 9:30 Morning Fit FR 10:00 Praise & Worship CH 10:30 Wii Bowling Class MR 2:30 Cardio Drumming FR 3:00 Art Class AR 6:00 Sheepshead BT	9:00 Metro Market 3 9:00 Mini Golf Game MR 10:30 Word Games MR 2:00 Birthday Social DR 3:30 Balance FR 3:45 Celebrate James Herriot Day MR 5:30 Wii Pro Bowling MR	9:30 Mind/Body Fit FR 4 9:30 Scenic Ride: Doctor's Park 10:30 Table Top Games MR 1:00-2:00 Country Store 2:30 What's Cookin' Class AR 3:30 Travel/Bio CH	5 10:15 Dollar Bingo MR 1:00 Wii Bowling League MR 6:00 Sheepshead BT		
		6 9:00 Catholic Mass CH	7 9:00-10:00 Country Store 9:30 Morning Fit FR 10:30 Word Games MR 1:00 Dominoes MR 2:00-4:00 Chaplin Visits 1:1 2:30 Cardio Drumming FR 3:00 Art Class AR 6:00 Sheepshead BT	8 9:30 Balloon Bop MR 10:30 Rosary CH 1:00-2:00 Country Store 2:15 Quarter BINGO BT 3:00 Art Class AR 3:30 UNO! 5:30 Wii Pro Bowling MR	9 8:15 Program w/ local high school students 9:00 Manicures AR 10:00 Praise & Worship CH 10:30 Wii Bowling Class MR 1:00 Craft w/ Volunteers MR 3:00 Art Class AR 6:00 Sheepshead BT	10 9:00 Metro Market 9:00 Mini Golf Game MR 10:30 Word Games MR 2:00 Country Social DR 3:30 Balance FR 3:45 Celebrate Weaving & Spinning Week MR 5:30 Wii Pro Bowling MR	11 9:30 Scenic Ride: Eagle 10:30 Table Top Games MR 1:00-2:00 Country Store 2:30 What's Cookin' Class AR 3:30 Travel/Bio CH	12 10:15 Dollar Bingo MR 1:00 Wii Bowling League MR 6:00 Sheepshead BT
		13 9:00 Catholic Mass CH	14 9:00-9:45 Country Store 9:30 Morning Fit FR 10:30 Word Games MR 1:00 Dominoes MR 2:30 Cardio Drumming FR 3:00 Art Class AR 6:00 Sheepshead BT	15 9:30 Balloon Bop MR 10:30 Rosary CH 12:15 Program w/ local high school students MR 1:00-2:00 Country Store 2:15 Quarter BINGO BT 3:00 Art Class AR 3:30 UNO! 5:30 Wii Pro Bowling MR	16 8:15 Program w/ students 9:00 Manicures AR 9:30 Morning Fit FR 10:00 Praise & Worship CH 10:30 Wii Bowling Class MR 2:30 Cardio Drumming FR 3:00 Art Class AR 4:30 Jacki on Violin 6:00 Sheepshead BT	17 9:00 Metro Market 9:00 Mini Golf Game MR 10:30 Word Games MR 11:00 Pet Therapy: Onx MR 3:30 Balance FR 3:45 Think Positive Day Activity MR 5:30 Wii Pro Bowling MR	18 9:30 Scenic Ride: Holy Hill 10:30 Table Top Games MR 1:00-2:00 Country Store 2:30 What's Cookin' Class AR 3:30 Travel/Bio CH	19 10:15 Dollar Bingo MR 1:00 Wii Bowling League MR 6:00 Sheepshead BT
		20 9:00 Catholic Mass CH	21 9:00-10:00 Country Store 9:30 Morning Fit FR 10:30 Word Games MR 1:00 Dominoes MR 2:00-4:00 Chaplin Visits 1:1 2:30 Cardio Drumming FR 3:00 Art Class AR 6:00 Sheepshead BT	22 9:30 Balloon Bop MR 10:30 Rosary CH 12:15 Program w/ local high school students MR 1:00-2:00 Country Store 2:15 Quarter BINGO BT 3:00 Art Class AR 3:30 UNO! 5:30 Wii Pro Bowling MR	23 8:15 Program w/ local high school students 9:00 Manicures AR 9:30 Morning Fit FR 10:00 Praise & Worship CH 10:30 Wii Bowling Class MR 1:00 Community Meeting DR 2:30 Cardio Drumming FR 3:00 Art Class AR 6:00 Sheepshead BT	24 9:00 Metro Market 9:00 Mini Golf Game MR 10:30 Word Games MR 12:30 Remembering Halloween Costumes MR 1:30 Walmart 3:30 Balance FR 5:30-7:00 Trick or Treat in lobby 5:30 Wii Pro Bowling MR	25 9:30 Mind/Body Fit FR 9:30 Scenic Ride: Wind Lake 10:30 Yahtzee MR 1:00-2:00 Country Store 2:30 What's Cookin' Class AR 3:30 Travel/Bio CH	26 10:15 Dollar Bingo MR 1:00 Wii Bowling League MR 6:00 Sheepshead BT
		27 9:00 Catholic Mass CH	28 9:00-10:00 Country Store 9:30 Morning Fit FR 10:30 Word Games MR 1:00 Dominoes MR 2:30 Cardio Drumming FR 3:00 Art Class AR 6:00 Sheepshead BT	29 9:30 Balloon Bop MR 10:30 Rosary CH 12:15 Program w/ local high school students MR 1:00-2:00 Country Store 2:15 Quarter BINGO BT 3:00 Art Class AR 3:30 UNO! 5:30 Wii Pro Bowling MR	30 8:15 Program w/ local high school students 9:00 Manicures 9:30 Morning Fit FR 10:00 Praise & Worship CH 10:30 Wii Bowling Class MR 1:00-2:30 Vaccine Clinic 3:00 Art Class AR 6:00 Sheepshead BT	31 9:00 Metro Market 9:00 Halloween Mini Golf MR 10:30 Halloween Word Games MR 11:00 Pet Therapy: Onx MR 2:00 Halloween Social DR 3:30 Balance FR 3:45 History of Jack-O-Lanterns 5:30 Wii Pro Bowling MR		

Life Enrichment: 262-202-8142 FC: Fitness Center
 Support Office: 262-202-8150 CM: Community Room
 Main Front Desk: 262-780-0321 MR: Meditation Room

AR: Art Room GR: Game Room
 LB: Library

The shoe icon indicates the level of physical activity for a trip.
 1 shoe = low, 2 = medium, 3 = high.

RED = Outings (sign up @ Trip Sign-up Meeting for Restaurants & specialty trips. Sign up for shopping trips in Support Office or over the phone) *Please Arrive For Bus Pick-up 15 Minutes Prior To Listed Times *All outdoor trips are weather permitting

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<h1 style="text-align: center;">Senior Living</h1> <h1 style="text-align: center;">October 2024</h1>		9:30 First Watch 1 10:00 Tai Chi CM 11:30 Rosary MR 1:00 Shuttle to Bootleggers Program at North Campus 3:00 1st Floor Meeting CM 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	9:30 Walgreens/Banks (Chase & BMO) 2 11:00 StrongBodies FC 12:00 Kitchen Creations Around the World CM 1:15 Michaels 1:30 Functionally Fit CM 3:00 2nd Floor Meeting CM 7:00 BINGO CM	9:00 Metro Market 3 10:00 Metro Market 1:30 Shuttle: Birthday Social, Will Branch 6:30 Scrabble CM 7:00 Sheepshead LB	10:30 Fun Friday CM 4 12:00 Cardio Drum FC 1:00 Sheepshead LB 1:30 Scenic Ride to West Allis, Aggie's Bakery  7:00 Pony Tail LB	6:30pm Mexican Dominos 5 LB		
		6 10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB 3:00 Wise Guys: Men's Gathering, Packer Game CM	7 11:00 Strong Bodies FC 1:30 Functionally Fit CM 2:30 Readers Theater AR 3:00 3rd Floor Meeting CM 7:00 Pony Tail LB 7:00 BINGO CM	8 9:00 Book Club LB 9:30 St. Vincent De Paul Thrift 10:00 Tai Chi FC (*room change) 11:30 Rosary MR 1:00 Panera for Lunch 3:00 Regency Choir CM 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	9 9:30 Dollar Tree 12:15 Intergenerational Program w/ high school students CM 1:00 Walmart 2:15 Bible Study CM 7:00 BINGO CM	10 9:00 Metro Market 10:00 Metro Market 1:30 Shuttle: Country Social, Chip Messiner 6:30 Scrabble CM 7:00 Sheepshead LB	11 10:00 Fall/Halloween Painting w/ Abby AR 1:00 Sheepshead LB 1:00 Scenic Ride: Holy Hill, stop at Culvers  7:00 Pony Tail LB	12 6:30pm Mexican Dominos LB
		13 10:30 Catholic Service CM 2:00 Needlework Group LB	14 10:00 Coffee Shop CM 11:00 Strong Bodies FC 1:30 Functionally Fit CM 2:30 Readers Theater AR 7:00 Pony Tail LB 7:00 BINGO CM	15 8:15 Intergenerational Program w/ high school students 9:30 Target & Trader Joes 10:00 Tai Chi CM 11:30 Rosary MR 1:00 Sendik's on Capital 3:00 Regency Choir CM 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	16 9:30 Aldi 11:00 StrongBodies FC 12:15 Intergenerational Program w/students CM 1:00 Fitness Walk at Lapham Peak 7:00 BINGO CM	17 9:00 Metro Market 10:00 Metro Market 1:00 The Elegant Farmer 6:30 Scrabble CM 7:00 Sheepshead LB	18 1:00 Sheepshead LB 4:30 Sunset Playhouse & Dinner at Maxim's 7:00 Pony Tail LB	19 3:00 Wine & Cheese CR 6:30pm Mexican Dominos LB
		20 10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	21 11:00 Strong Bodies FC 1:30 Functionally Fit CM 2:00 Readers Theater AR 3:00 Community Meeting with Karissa 7:00 Pony Tail LB 7:00 BINGO CM	22 8:15 Intergenerational Program w/ high school students 9:30 Woodman's 10:00 Tai Chi CM 11:30 Rosary MR 1:00 Kohls 3:00 Regency Choir CM	23 11:00 StrongBodies FC 12:15 Intergenerational Program w/students CM 1:30 Functionally Fit CM 2:00 Crafts with Elaine 2:15 Bible Study CM 5:00 China Lights w/ dinner at the lights 7:00 BINGO CM	24 9:00 Metro Market 10:00 Metro Market 1:30 Walmart 5:30-7:00 Trick or Treat 6:30 Scrabble CM 7:00 Sheepshead LB	25 10:30 Fun Friday CM 12:00 Cardio Drum FC 1:00 Sheepshead LB 1:00 Scenic Ride: Holy Hill, stop at Culvers  7:00 Pony Tail LB	26 9:00 Wise Guys: Men's Gathering CM 6:30pm Mexican Dominos LB
		27 10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	28 10:00 Protestant Service 11:00 Strong Bodies FC 1:30 Functionally Fit CM 2:30 Readers Theater AR 7:00 Pony Tail LB 7:00 BINGO CM	29 8:15 Intergenerational Program w/ students 9:30 The Coop 10:00 Tai Chi CM 11:30 Rosary MR 1:00 Trip Sign Up 3:00 Regency Choir CM 6:30 Pub Night CM	30 10:00 Potawatomi Casino 11:00 StrongBodies FC 12:15 Intergenerational Program w/ high school students 1:30 Functionally Fit CM 2:30-4:00 Vaccine Clinic 7:00 BINGO CM	31 9:00 Metro Market 10:00 Metro Market 1:30 Shuttle: Halloween Social, Eric Diamond 6:30 Scrabble CM 7:00 Sheepshead LB		