


**KEY:** Black: Life Enrichment Activity  
 Blue: Health Services Activity

Pink: Musician  
 Red: Caregiver Field Trip

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1		<b>2</b> 10:00 Sit N' Stretch 10:30 Sing Along 1:30 Art Adventures <b>3:00 Coffee Hour</b> <b>6:00 Ball Toss</b>	<b>3</b> 8:45 Group Fitness 9:15 Praise & Worship with Dave 10:15 Hand Massage 2:15 Balloon Bop <b>4:30 Daniel on the Keys</b>	<b>4</b> 10:00 Sit & Stretch 10:30 Travel Brief <b>1:45 Kickoff Social</b> <b>3:00 Coffee Hour</b> <b>6:00 Balloon Toss</b>	<b>5</b> 8:45 Group Fitness <b>9:30 Scenic Ride: Ottawa Lake</b> 10:30 Short Story 1:30 Table Top Games <b>3:00 Coffee Hour</b> <b>6:00 Be Funny Friday!</b>	<b>6</b> 9:15 Pondering Prompts <b>10:00 Bowling</b> <b>1:00 Movie &amp; Snacks</b> <b>3:00 Music Requests</b> <b>6:00 Board Game</b>
8	<b>8</b> 8:45 Group Fitness 9:30 1:1 Visits 10:15 Bingo 1:30 Cook & Chat <b>3:00 Coffee Hour</b> <b>6:00 Craft Corner</b>	<b>9</b> 10:00 Sit N' Stretch 10:30 Sing Along <b>1:45 Packers Presentation Media Room</b> <b>3:00 Coffee Hour</b> <b>6:00 Ball Toss</b>	<b>10</b> 8:45 Group Fitness 10:15 Hand Massage 1:15 Sensory Experience 2:15 Balloon Bop <b>4:30 Daniel on the Keys</b>	<b>11</b> 10:00 Sit N' Stretch 10:30 Pet Therapy: Onx the Dog <b>1:45 Sock Hop Social</b> <b>3:00 Coffee Hour</b> <b>6:00 Balloon Toss</b>	<b>12</b> 8:45 Group Fitness <b>9:30 Scenic Ride: East Troy</b> 10:30 Short Story 1:30 Table Top Games <b>3:00 Coffee Hour</b> <b>6:00 Be Funny Friday!</b>	<b>13</b> 9:15 Remembering Homework <b>10:00 Bowling</b> <b>1:00 Movie &amp; Snacks</b> <b>3:00 Music Requests</b> <b>6:00 Board Game</b>
15	<b>15</b> 8:45 Group Fitness 9:30 1:1 Visits 10:15 Bingo 1:30 Cook & Chat <b>3:00 Coffee Hour</b> <b>6:00 Craft Corner</b>	<b>16</b> 10:00 Sit N' Stretch 10:30 Sing Along 1:30 Art Adventures <b>3:00 Coffee Hour</b> <b>6:00 Ball Toss</b>	<b>17</b> 8:45 Group Fitness 9:15 Praise & Worship with Dave 10:15 Hand Massage 1:15 Sensory Experience 2:15 Balloon Bop <b>4:30 Daniel on the Keys</b>	<b>18</b> 10:00 Sit & Stretch 10:30 Travel Brief <b>1:45 Birthday Social</b> <b>3:00 Coffee Hour</b> <b>6:00 Balloon Toss</b>	<b>19</b> 9:30 Scenic Ride: Holy Hill 10:30 Short Story 1:30 Table Top Games <b>3:00 Coffee Hour</b> <b>6:00 Be Funny Friday!</b>	<b>20</b> 9:15 Junk Drawer Detective <b>10:00 Bowling</b> <b>1:00 Movie &amp; Snacks</b> <b>3:00 Music Requests</b> <b>6:00 Board Game</b>
22	<b>22</b> 8:45 Group Fitness 9:30 1:1 Visits 10:15 Bingo 1:30 Cook & Chat <b>3:00 Coffee Hour</b> <b>6:00 Craft Corner</b>	<b>23</b> 10:00 Sit N' Stretch 10:30 Sing Along 1:30 Art Adventures <b>3:00 Coffee Hour</b> <b>6:00 Ball Toss</b>	<b>24</b> 8:45 Group Fitness 10:15 Hand Massage 1:15 All About Oktoberfest 2:15 Balloon Bop <b>4:30 Daniel on the Keys</b>	<b>25</b> 10:00 Sit N' Stretch 10:30 Pet Therapy: Onx the Dog <b>1:45 Oktoberfest Social</b> <b>3:00 Coffee Hour</b> <b>6:00 Balloon Toss</b>	<b>26</b> 8:45 Group Fitness <b>9:30 Scenic Ride: Cedarburg</b> 10:30 Short Story 1:30 Table Top Games <b>3:00 Coffee Hour</b> <b>6:00 Be Funny Friday!</b>	<b>27</b> 9:15 Travel Brief Mexico City <b>10:00 Bowling</b> <b>1:00 Movie &amp; Snacks</b> <b>3:00 Music Requests</b> <b>6:00 Board Game</b>
29	<b>29</b> 8:45 Group Fitness 9:30 1:1 Visits 10:15 Bingo 1:30 Cook & Chat <b>3:00 Coffee Hour</b> <b>6:00 Craft Corner</b>	<b>30</b>				



- = Life Enrichment Activity
- = Bus Trip
- = Resident Led Activity

**Handy Numbers:**  
 Front Desk: 262-780-0321  
 Life Enrichment: 262-202-8142

**Activity Locations**  
 AR: Art Room (1st Floor) MR: Media Room (1st Floor)  
 CH: Chapel (1st Floor) BT: Bistro (Lower Level)

FR: Fitness Room (Lower Level)  
 DR: Dining Room (Lower Level)  
 PDR: Private Dining Room (Lower Level)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 Catholic Mass CH <b>1</b>	 <b>2</b>	9:30 Balloon Bop MR <b>3</b> 10:30 Rosary 1:00-2:00 Country Store 2:15 Quarter BINGO BT 3:00 Art Class AR 3:30 UNO! 5:30 Wii Pro Bowling MR	9:15 Morning Fit FR <b>4</b> 10:00 Praise & Worship CH 10:30 Wii Bowling: <i>Learn how to set up the Wii</i> MR 2:30 Afternoon Fit MR 3:00 Art Class AR 6:00 Sheepshead BT	9:00 Metro Market <b>5</b> 9:45 Mini Golf Game MR 10:30 Word Games MR 2:00 Football Kickoff Social DR 3:45 Football Program MR 5:30 Wii Pro Bowling MR	9:15 Mind/Body Fit FR <b>6</b> 9:30 Scenic Ride: Ottawa Lake 9:45 Grand Parents Word Games CH 10:30 Table Top Games 1:00-2:00 Country Store 1:30 Cardio Drumming FR 2:00 Manicures AR 3:00 Travel/Bio CH 3:20 What's Cookin' Class AR	10:15 Dollar Bingo MR <b>7</b> 1:00 Wii Bowling League MR 6:00 Sheepshead BT
9:00 Catholic Mass CH <b>8</b> 	9:15 Morning Fit FR <b>9</b> 10:15 Word Games MR 1:00-2:00 Country Store 2:00 Movie & Popcorn PDR 2:00-4:00 Chaplin Visits 1:1 2:30 Afternoon Fit MR 3:00 Art Class AR 3:30 Dominoes MR 6:00 Sheepshead BT	9:30 Balloon Bop MR <b>10</b> 10:30 Rosary 1:00-2:00 Country Store 2:00 Packers Presentation by Jim Rice MR 3:00 Art Class AR 3:30 UNO! 5:30 Wii Pro Bowling MR	9:15 Morning Fit FR <b>11</b> 10:00 Praise & Worship CH 10:30 Wii Bowling Class MR 1:00 Photo Share MR 2:30 Afternoon Fit MR 3:00 Art Class AR 6:00 Sheepshead BT	9:00 Metro Market <b>12</b> 9:45 Mini Golf Game MR 10:30 Word Games MR 11:00 Pet Therapy: Onx MR 2:00 Sock Hop Social DR 3:45 Influential People Throughout the Decades MR 5:30 Wii Pro Bowling MR	9:15 Mind/Body Fit FR <b>13</b> 9:30 Scenic Ride: East Troy 9:45 History of Al Capone CH 10:30 Table Top Games 1:00-2:00 Country Store 1:30 Cardio Drumming FR 2:00 Manicures AR 3:00 Travel/Bio CH 3:20 What's Cookin' Class AR 4:30 Daniel on the Keys	10:15 Dollar Bingo MR <b>14</b> 1:00 Wii Bowling League MR 6:00 Sheepshead BT
9:00 Catholic Mass CH <b>15</b>	9:15 Morning Fit FR <b>16</b> 10:15 Word Games MR 1:00-2:00 Country Store 2:00 Movie & Popcorn PDR 2:30 Afternoon Fit MR 3:00 Art Class AR 3:30 Dominoes MR 6:00 Sheepshead BT	9:30 Balloon Bop MR <b>17</b> 10:30 Rosary 1:00-2:00 Country Store 2:15 Quarter BINGO BT 3:00 Art Class AR 3:30 UNO! 5:30 Wii Pro Bowling MR	9:15 Morning Fit FR <b>18</b> 10:00 Praise & Worship CH 10:30 Wii Bowling Class MR 1:00 Happy Birthday US Air Force, Activity MR 2:30 Afternoon Fit MR 3:00 Art Class AR 6:00 Sheepshead BT	9:00 Metro Market <b>19</b> 9:45 Mini Golf Game MR 10:30 Word Games MR 2:00 Birthday Social DR 3:45 All about Humming Birds MR 5:30 Wii Pro Bowling MR	9:30 Scenic Ride: Holy Hill <b>20</b> 9:45 Back to School Day CH 10:30 Table Top Games 1:00-2:00 Country Store 2:00 Manicures AR 3:00 Travel/Bio CH 3:20 What's Cookin' Class AR	10:15 Dollar Bingo MR <b>21</b> 1:00 Wii Bowling League MR 6:00 Sheepshead BT
9:00 Catholic Mass CH <b>22</b> 	9:15 Morning Fit FR <b>23</b> 10:15 Word Games MR 1:00-2:00 Country Store 2:00 Movie & Popcorn PDR 2:00-4:00 Chaplin Visits 1:1 2:30 Afternoon Fit MR 3:00 Art Class AR 3:30 Dominoes MR 6:00 Sheepshead BT	9:30 Balloon Bop MR <b>24</b> 10:30 Rosary 1:00 Walmart 1:00-2:00 Country Store 2:15 Quarter BINGO BT 3:00 Art Class AR 3:30 UNO! 5:30 Wii Pro Bowling MR	9:15 Morning Fit FR <b>25</b> 10:00 Praise & Worship CH 10:30 Wii Bowling Class MR 1:00 All About Oktoberfest MR 2:30 Afternoon Fit MR 3:00 Art Class AR 6:00 Sheepshead BT	9:00 Metro Market <b>26</b> 9:45 Mini Golf Game MR 10:30 Word Games MR 11:00 Pet Therapy: Onx MR 2:00 Oktoberfest Social DR 3:45 Celebrate World Maritime Day MR 5:30 Wii Pro Bowling MR	9:15 Mind/Body Fit FR <b>27</b> 9:30 Scenic Ride: Cedarburg 9:45 Travelogue: Mexico City CH 10:30 Table Top Games 1:00-2:00 Country Store 1:30 Cardio Drumming FR 2:00 Manicures AR 3:00 Travel/Bio CH 3:20 What's Cookin' Class AR	10:15 Dollar Bingo MR <b>28</b> 1:00 Wii Bowling League MR 6:00 Sheepshead BT
9:00 Catholic Mass CH <b>29</b>	9:15 Morning Fit FR <b>30</b> 10:15 Word Games MR 1:00-2:00 Country Store 2:00 Movie & Popcorn PDR 2:30 Afternoon Fit MR 3:00 Art Class AR 3:30 Dominoes MR 6:00 Sheepshead BT					



Life Enrichment: 262-202-8142 FC: Fitness Center  
 Support Office: 262-202-8150 CM: Community Room  
 Main Front Desk: 262-780-0321 MR: Meditation Room

AR: Art Room GR: Game Room  
 LB: Library

The shoe icon indicates the level of physical activity for a trip.  
 1 shoe = low, 2 = medium, 3 = high.

RED = Outings (sign up @ Trip Sign-up Meeting for Restaurants & specialty trips. Sign up for shopping trips in Support Office or over the phone) \*Please Arrive For Bus Pick-up 15 Minutes Prior To Listed Times \*All outdoor trips are weather permitting

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	<b>2</b> 11:00 Bridge Club LB <b>3:00 3rd Floor Meeting</b> 7:00 Pony Tail LB 7:00 BINGO CM 	<b>3</b> <b>9:30 Walgreens/Banks (Chase &amp; BMO)</b> 11:30 Rosary MR <b>1:00 Walmart</b> <b>3:00 1st Floor Meeting CM</b> 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	<b>4</b> <b>10:30 Goodwill/Hobby Lobby</b> 11:00 Balance & Stability CM 12:15 Kitchen Creations Around the World CM (NEW) 1:15 Functionally Fit -CM <b>3:00 2nd Floor Meeting CM</b> <b>3:45 Dinner at Thunder Bay Grille in Pewaukee</b> 7:00 BINGO CM	<b>5</b> <b>9:00 Metro Market</b> <b>10:00 Metro Market</b> <b>1:45 Shuttle: Football Kickoff Social, Bruce Anthony</b> 6:30 Scrabble CM 7:00 Sheepshhead LB	<b>6</b> 10:30 Fun Friday CM 1:00 Sheepshhead LB <b>1:00 Scenic ride to Cedarburg, stop in Downtown Cedarburg</b>  7:00 Pony Tail LB	<b>7</b> <b>9:00 - 12:00</b> <b>Walk to End Alzheimer's Frame Park, Waukesha</b> 
 <b>8</b> 10:30 Catholic Service CM 2:00 Needlework Group LB	<b>9</b> 10:00 Coffee Shop CM 10:30 Strong Bodies FC 11:00 Bridge Club LB 1:15 Functionally Fit CM 2:30 Readers Theater AR 7:00 Pony Tail LB 7:00 BINGO CM	<b>10</b> <b>9:30 Brookfield Public Library</b> 10:00 Tai Chi CM 11:30 Rosary MR <b>1:45 Shuttle: Packers Presentation (Sign up) MR</b> 3:00 Regency Choir CM 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	<b>11</b> <b>9:30 Coffeerville Company</b> 11:00 Balance & Stability CM <b>1:00 Fitness Walk at FoxBrook Park</b> 2:15 Bible Study CM 3:30 Paint & Sip CM (NEW) 7:00 BINGO CM	<b>12</b> <b>9:00 Metro Market</b> <b>10:00 Metro Market</b> <b>1:45 Shuttle: Sock Hop Social, Remember When Trio</b> 6:30 Scrabble CM 7:00 Sheepshhead LB	<b>13</b> 10:30 Fun Friday CM 1:00 Sheepshhead LB <b>1:00 Walmart</b> <b>3:45 Fish Fry at Old Falls Village Park (Outside)</b> 7:00 Pony Tail LB	<b>14</b> <b>9:00 Wise Guys: Men's Gathering CM</b>
<b>15</b> 10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	<b>16</b> 10:30 Strong Bodies FC 11:00 Bridge Club LB 1:15 Functionally Fit CM 2:30 Readers Theater AR 3:00 Community Meeting with Karissa 7:00 Pony Tail LB 7:00 BINGO CM	<b>17</b> <b>9:30 Target/Trader Joes</b> 10:00 Tai Chi CM 11:30 Rosary MR <b>1:00 Sendik's on Capital</b> 3:00 Regency Choir CM 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	<b>18</b> <b>10:00 Metcalfe's Market</b> 11:00 Balance & Stability CM 1:15 Functionally Fit -CM <b>2:00 Sprecher Brewery Tour \$12</b>  7:00 BINGO CM	<b>19</b> <b>9:00 Metro Market</b> <b>10:00 Metro Market</b> <b>1:45 Shuttle: Birthday Social, Charles Barber</b> 6:30 Scrabble CM 7:00 Sheepshhead LB	<b>20</b> 1:00 Sheepshhead LB <b>1:00 Brookfield Public Library Book Sale, (at Senior Center), Kopps afterwards for Custard.</b> 7:00 Pony Tail LB	<b>21</b> 3:00 Wine & Cheese CR
<b>22</b> 10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	<b>23</b> 10:30 Strong Bodies FC 11:00 Bridge Club LB 1:15 Functionally Fit CM 2:30 Readers Theater AR 7:00 Pony Tail LB 7:00 BINGO CM	<b>24</b> <b>9:30 Breakfast at Mimosa</b> 10:00 Tai Chi CM 11:30 Rosary MR <b>1:00 Trip Sign up</b> 3:00 Regency Choir CM <b>6:30 Pub Night CM</b>	<b>25</b> <b>9:30 Aldi</b> 11:00 Balance & Stability CM <b>12:30 Honey Creek Orchard in Cedarburg</b>  1:15 Functionally Fit CM 2:15 Bible Study CM <b>2:30 Crafts with Elaine AR</b> 7:00 BINGO CM	<b>26</b> <b>9:00 Metro Market</b> <b>10:00 Metro Market</b> <b>1:45 Shuttle: Oktoberfest Social, Roger Boll</b> 6:30 Scrabble CM 7:00 Sheepshhead LB	<b>27</b> 10:30 Fun Friday CM 1:00 Sheepshhead LB <b>1:00 Scenic Ride: Kettle Moraine</b> 7:00 Pony Tail LB	<b>28</b> <b>11:00-2:00 Brooktoberfest</b> 
<b>29</b> 10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	<b>30</b> <b>10:00 Protestant Service</b> 10:30 Strong Bodies FC 11:00 Bridge Club LB 1:15 Functionally Fit CM 2:30 Readers Theater AR 7:00 Pony Tail LB 7:00 BINGO CM					