

KEY:

CH Chapel, 1st Floor
SC Sunrise Center, 1st Floor
GC Gathering Center, 1st Floor
CTYRD Courtyard, Wing 0, 1st Floor

TDR Terrace Dining Room, 1st Floor
HA Hearthside Atrium, 1st Floor
RC Regent's Club, 2nd Floor
RCCH Chapel, Regent's Club, 2nd Floor
PATIO Patio, 2nd Floor

FFC Fieldpointe Fitness Center, 2nd Floor
2300C 2300 Club, 2nd Floor
NT National Theatre, 3rd Floor
DP Danny's Pub, 4th Floor

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>The shoe icon indicates the level of physical activity for a trip. 1 shoe = low, 2 = medium, 3 = high.</p> 	<p>9:30 Target & Trader Joes 1 9:30 Bingo TDR 11:00 Dice Game GC 1:00 Pick N Save/Walgreens 2:00 Chaplet Devotional RCCH 2:30 Monday Mixers DP 4:00 Word Games HA</p>	<p>9:30 Wii Jeopardy GC 2 9:30 Rosary RCCH 10:30 Card Games GC 1:00 Yahtzee GC 2:00 Cross Words SC 3:00 Dancing with Rosita FFC 4:00 Word Games HA 6:30 Live Music with Carribean Eclipse RC</p>	<p>9:30 Meijers 3 9:30 Wheel of Fortune GC 9:30-11:30 Nail Spa GC 10:00 Nondenominational Praise and Worship SC 1:00 Walmart 1:30 Free Methodist Church Communion Service CH 1:30 Board Games GC 4:00 Word Games HA</p>	<p>10:30-4:00 New Berlin 4 Parade </p>	<p>9:30 Wheel of Fortune GC 5 10:30 Bag Toss GC 1:00 Wii Bowling GC 2:00 Armchair Travels: Italy SC 3:00 Uno GC 4:00 Word Games HA</p>	<p>9:30 Bingo TDR 6 11:00 Wii Games GC 12:30 Movie NT: Fried Green Tomatoes 1:00 Movie Matinee GC: Somethings Gotta Give</p>
<p>11:00 Catholic Service CH 7 11:00 Lutheran Worship Service NT 1:00 Catholic Mass RCCH 1:30-2:00 Café RC 2:30 Protestant Service CH</p>	<p>9:30 Breakfast Trip: Machine Shed Restaurant 8 9:30 Bingo TDR 10:30 Dice Game GC 1:00 Uno GC 1:00 Pick N Save/Walgreens 2:00 Chaplet Devotional RCCH 2:00 Home Made Room Spray SC 4:00 Name that Tune HA</p>	<p>9:30 Dollar Tree 9 9:30 Wii Jeopardy GC 9:30 Rosary RCCH 10:30 Craft Class: Summer Soap Making GC 11:30 Daniel on the Keys HA 1:00 Scenic Ride: Downtown Tosa 1:00 Yahtzee GC 3:00 Mingle with Kringles GC 4:00 Word Games HA 4:30 Jacki on the Violin HA</p>	<p>9:30 Wheel of Fortune GC 10 9:30-11:30 Nail Spa GC 10:00 Nondenominational Praise and Worship SC 1:00 Wii Bowling GC 2:00 Board Games GC 3:00 Chair Dance with Rosita SC 4:00 Word Games HA</p>	<p>9:30 Piggly Wiggly 11 9:30 Quarter Bingo TDR 11:00 Trivia HA 1:00 Aldi 1:30 Ice Cream Social with Live music by Dolce Duo HA 2:00 Rosary CH 4:00 Word Games HA</p>	<p>9:30 Fitness Trip: Mini Golf at Moorland Golf & Lunch at The Local (\$10) 12 9:30 Wheel of Fortune GC 10:30 Bag Toss GC 1:00 Wii Bowling GC 2:30 Cooking Class SC 4:00 Word Games HA 4:30 Daniel on the Keys RC</p>	<p>9:30 Bingo TDR 13 11:00 Wii Games GC 12:30 Movie NT: Something's Gotta Give 1:00 Movie Matinee GC: Fried Green Tomatoes</p>
<p>11:00 Catholic Service CH 14 11:00 Lutheran Worship Service NT 1:00 Catholic Mass RCCH 1:30-2:00 Café RC 2:30 Protestant Service CH</p>	<p>9:30 Boerner Botanical Gardens (\$9 at BBG Door) 15 9:30 Bingo TDR 10:30 Dice Game GC 1:00 Uno GC 1:00 Pick N Save/Walgreens 2:00 Chaplet Devotional RCCH 2:30-3:30 Name Tag Social PATIO 4:00 Word Games HA</p>	<p>9:30 Marshall's/HomeGoods 16 9:30 Wii Jeopardy GC 9:30 Rosary RCCH 10:30 Card Games GC 12:00 Lunch and Scenic Ride: Big Boy's in Sussex (Menu selection at Sign up) 1:00 Yahtzee GC 1:00 Resident Meeting SC 2:30 Craft Class with Rosita GC 4:00 Word Games HA 4:30 Dinner music with Jadelyn Wehrman RC</p>	<p>9:30 Wheel of Fortune GC 17 9:30-11:30 Nail Spa GC 10:00 Praise and Worship SC 1:00 Wii Bowling GC 2:00 Community Meeting RC 2:00 Board Games GC 4:00 Word Games HA 6:00 German Shepherd Club HA 8:00 Outdoor Movie: Downton Abbey PATIO</p>	<p>9:30 Quarter Bingo TDR 18 11:00 Spelling Bee HA 1:00 Crazy 8's GC 2:00 Sendiks 2:00 Rosary CH 4:00 Word Games HA 5:15 Trip to Veterans Memorial Park: Live music by De La Buena(\$)</p>	<p>9:30 Walmart 19 9:30 Wheel of Fortune GC 10:30 Bag Toss GC 1:00 JoAnns Fabrics 1:00 Wii Bowling GC 2:00 Live music with JL Russel COURTYARD 4:00 Word Games HA</p>	<p>9:30 Bingo TDR 20 11:00 Wii Games GC 12:30 Movie NT: World's Fastest Indian 1:00 Movie Matinee GC: Old Goats</p>
<p>11:00 Catholic Service CH 21 11:00 Lutheran Worship Service NT 1:00 Catholic Mass RCCH 1:30-2:00 Café RC 2:30 Protestant Service CH 6:00 German Fest kick off with Live music by the Happy Hour Brass PATIO</p>	<p>9:30 Scenic Ride around Racine and O&H Bakery 22 9:30 Bingo TDR 10:30 Dice Game GC 11:30 Daniel on the Keys HA 1:00 Uno GC 2:00 Pick N Save/Walgreens 2:00 Chaplet Devotional RCCH 3:00 Wii Game GC 4:00 Name that Tune HA</p>	<p>9:30 Breakfast with the Badge RC 23 10:30 Card Games GC 1:00 Rosary RCCH 1:00 Yahtzee GC 1:00 Scenic Ride: Muskego Park and Ice Cream (assisted and Ice Cream) 3:00 Dancing with Rosita FFC 4:00 Word Games HA 4:30 Dinner at O Sullivans Public House following Kids from Wisconsin (\$17)</p>	<p>9:30 Wheel of Fortune GC 24 9:30-11:30 Nail Spa GC 10:00 Nondenominational Praise and Worship SC 10:00 Fitness Cornhole Tournament Patio 1:30 Board Games GC 2:30 Painting Class with Rosita GC 4:00 Word Games HA</p>	<p>9:30 Festival 25 9:30 Quarter Bingo TDR 11:00 Trivia HA 1:00 Woodmans 1:00 Crazy 8's GC 2:00 Rosary CH 3:00 Thirsty Thursday : German Fest Theme and Pokeno SC 4:00 Word Games HA 6:30 Island Luau Birthday Social with the Summer Singers RC</p>	<p>9:30 Wheel of Fortune GC 26 10:30 Bag Toss GC 11:00-3:30 Potawatomi Casino 1:00 Wii Bowling GC 2:30 German Fest Theme: Cooking Class 4:00 Word Games HA 4:30 Daniel on the Keys RC 6:30 Painting with Lizzie RC</p>	<p>9:30 Bingo TDR 27 11:00 Wii Games GC 12:30 Movie NT: Old Goats 1:00 Movie Matinee GC: World's Fastest Indian</p>
<p>11:00 Catholic Service CH 28 11:00 Lutheran Worship Service NT 1:00 Catholic Mass RCCH 1:30-2:00 Café RC 2:30 Protestant Service CH</p>	<p>9:30 Pick N Save/Walgreens 29 9:30 Bingo TDR 10:30 Dice Game GC 12:30 Lunch Trip: Wonita Sushi Seafood and Bar 1:00 Uno GC 2:00 Chaplet Devotional RCCH 2:30 Mosaic Art Class SC 4:00 Word Games HA</p>	<p>9:30 Menards 30 9:30 Wii Jeopardy GC 9:30 Rosary RCCH 10:30 Card Games GC 1:00 Yahtzee GC 2:00 Scenic Ride/Walk: Fox Brook Park 2:00 Roaring Twenties Birthday Social with the Remember when Trio HA 4:00 Word Games HA 4:30 Jacki on the Violin HA 4:30 Dinner music with Jadelyn Wehrman RC</p>	<p>9:30 Wheel of Fortune GC 31 9:30-11:30 Nail Spa GC 10:00 Praise and Worship SC 12:00 Bingo Lunch (\$1/card) RC 1:00 Wii Bowling GC 2:30 Live music with the Golden Eagle Band RC 3:00 Chair Dance with Rosita SC 4:00 Word Games HA</p>	<p>Regency Life Enrichment July 2024</p> 		

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CH Chapel, 1st Floor
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 GC Gathering Center, 1st Floor
 COURTYARD Courtyard, Wing 0, 1st Floor

TDR Terrace Dining Room, 1st Floor
 HA Hearthside Atrium, 1st Floor
 RC Regent's Club, 2nd Floor
 RCCH Chapel, Regent's Club, 2nd Floor

SG Snookers Game Room, 4th Floor
 2300C 2300 Club, 2nd Floor
 NT National Theatre, 3rd Floor
 DP Danny's Pub, 4th Floor




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1:00 Dart Ball CDR 1 1:00 Bible Study 2300C 2:30 Mercy Mats 2300C 3:00 Cribbage RC 7:00 Bingo RC	10:00 Pins N' Needles 2 2300C 2:00 Regenaire Singers Practice RC 2:00 Darts DP 6:00 Sheepshead RC	12:00 Brain Games RC 3 2:00 Scrabble SG 4:30 Support Group Dinner RC 6:00 Mahjong 2300C 6:00 Trivia DP 6:30 Sheepshead NT	1:00 Bridge RC 4 2:00 Darts DP 6:30 Sheepshead NT	1:00 Dart Ball CDR 5 1:00 Mexican Train NT 6:00 Sheepshead RC	6:00 Game Night RC 6
6:00 Cards RC 7 6:00-8:00 Pinochle RC	1:00 Dart Ball CDR 8 1:00 Bible Study 2300C 2:30 Mercy Mats 2300C 3:00 Cribbage RC 7:00 Bingo RC	10:00 Pins N' Needles 9 2300C 2:00 Regenaire Singers Practice RC 2:00 Darts DP 6:00 Sheepshead RC	12:00 Brain Games RC 10 2:00 Scrabble SG 3:00 Caregiver Support Group NT 6:00 Mahjong 2300C 6:30 Sheepshead NT	1:00 Bridge RC 11 2:00 Darts DP 6:30 Sheepshead NT	1:00 Dart Ball CDR 12 1:00 Mexican Train NT 6:00 Sheepshead RC	6:00 Game Night RC 13
6:00 Cards RC 14 6:00-8:00 Pinochle RC	1:00 Dart Ball CDR 15 1:00 Bible Study 2300C 2:30 Mercy Mats 2300C 3:00 Cribbage RC 7:00 Bingo RC	10:00 Pins N' Needles 16 2300C 2:00 Regenaire Singers Practice RC 2:00 Darts DP 6:00 Sheepshead RC	12:00 Brain Games RC 17 2:00 Scrabble SG 6:00 Mahjong 2300C 6:00 Trivia DP 6:30 Sheepshead NT	1:00 Bridge RC 18 1:00 Sunshine Committee Meeting RC 2:00 Darts DP 6:30 Sheepshead NT	1:00 Dart Ball CDR 19 1:00 Mexican Train NT 6:00 Sheepshead RC	6:00 Game Night RC 20
4:00-4:30 Pre-dinner Music by John K and Dorothy T RC 21 6:00 Cards RC 6:00-8:00 Pinochle RC	1:00 Dart Ball CDR 22 1:00 Bible Study 2300C 2:30 Mercy Mats 2300C 3:00 Cribbage RC 7:00 Bingo RC	10:00 Pins N' Needles 23 2300C 10:30 Page Turners Book Club DP 2:00 Regenaire Singers Practice RC 2:00 Darts DP 6:00 Sheepshead RC	12:00 Brain Games RC 24 2:00 Scrabble SG 2:00 Regency Readers Book Club 2300C 6:00 Mahjong 2300C 6:30 Sheepshead NT	1:00 Bridge RC 25 2:00 Darts DP 6:30 Sheepshead NT	1:00 Dart Ball CDR 26 1:00 Mexican Train NT 6:00 Sheepshead RC	6:00 Game Night RC 27
6:00 Cards RC 28 6:00-8:00 Pinochle RC	1:00 Dart Ball CDR 29 1:00 Bible Study 2300C 2:30 Mercy Mats 2300C 3:00 Cribbage RC 7:00 Bingo RC	10:00 Pins N' Needles 30 2300C 2:00 Regenaire Singers Practice RC 2:00 Darts DP 6:00 Sheepshead RC	12:00 Brain Games RC 31 2:00 Scrabble SG 6:00 Mahjong 2300C 6:30 Sheepshead NT			

KEY:

FFC - Fieldpointe Fitness Center

RC - Regent's Club

SC - Sunrise Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:00 Strength (FFC) 9:45 Gentle Movement (RC) 10:30 Strong Bodies™ (SC) 12wk Evaluation Day 11:00 Exercise 2 (FFC) 1:00 Fall Prevention (FFC)	2 11:00 Exercise 1 (RC) 11:00 Cardio Drum (SC) 1:00 Cardio Drum (FFC) 1:00 S T R E T C H (SC) 3:00 Dance w/ Rosita (FFC)	3 9:00 Strength (FFC) 9:45 Gentle Movement (RC) 11:00 NO CLASS (FFC) 11:00 NO CLASS (SC) 1:00 NO CLASS (FFC) 1:00 NO Tai Chi (SC)	4  New Berlin  Parade! 	5 NO CLASS	6
7	8 9:00 Strength (FFC) 9:45 Gentle Movement (RC) 10:30 Strong Bodies™ (SC) 11:00 Exercise 2 (FFC) 1:00 Fall Prevention (FFC) 2:00 Homemade Room Spray (SC)	9 11:00 Exercise 1 (RC) 11:00 Cardio Drum (SC) 1:00 Cardio Drum (FFC) 1:00 S T R E T C H (SC)	10 9:00 Strength (FFC) 9:45 Gentle Movement (RC) 11:00 Exercise 2 (FFC) 11:00 Fall Prevention (SC) 1:00 Fall Prevention (FFC) 1:00 Tai Chi (SC) 3:00 Chair Dance (SC)	11 9:30 Gentle Yoga (FFC) 10:30 Strong Bodies™ (SC) 11:00 Exercise 1 (RC) 1:00 Cardio Drum (FFC) 1:00 Walking Club (SC)	12 9:00 NO CLASS (FFC) 9:30 Mini Golf & Lunch \$ 11:00 NO CLASS (FFC) 11:00 Exercise Video (SC)	13
14	15 9:00 Strength (FFC) 9:45 NO CLASS (RC) 10:30 Strong Bodies™ (SC) 11:00 Exercise 2 (FFC) 1:00 Fall Prevention (FFC)	16 11:00 Exercise 1 (RC) 11:00 Cardio Drum (SC) 1:00 Cardio Drum (FFC) 1:00 NO CLASS (SC) Resident Advisory	17 9:00 Strength (FFC) 9:45 NO CLASS (RC) 11:00 Exercise 2 (FFC) 11:00 Fall Prevention (SC) 1:00 Fall Prevention (FFC) 1:00 Tai Chi (SC)	18 9:30 Gentle Yoga (FFC) 10:30 Exercise Video (SC) 11:00 NO CLASS (RC) 1:00 Cardio Drum (FFC) 1:00 NO CLASS (SC)	19 9:00 Strength (FFC) 11:00 S T R E T C H (FFC) 11:00 Seated Exercise (SC)	20
21	22 9:00 Strength (FFC) 9:45 Gentle Movement (RC) 10:30 Strong Bodies™ (SC) 11:00 Exercise 2 (FFC) 1:00 Fall Prevention (FFC)	23 11:00 Exercise 1 (RC) 11:00 Cardio Drum (SC) 1:00 Cardio Drum (FFC) 1:00 S T R E T C H (SC) 3:00 Dance w/ Rosita (FFC)	24 9:00 NO CLASS (FFC) 9:45 NO CLASS (RC) 10:00 CORNHOLE TOURNAMNET (Patio) 11:00 Fall Prevention (SC) 1:00 Fall Prevention (FFC) 1:00 NO Tai Chi (SC)	25 9:30 Gentle Yoga (FFC) 10:30 Strong Bodies™ (SC) 11:00 Exercise 1 (RC) 1:00 Cardio Drum (FFC) 1:00 Walking Club (SC)	26 9:00 Strength (FFC) 11:00 S T R E T C H (FFC) 11:00 Seated Exercise (SC)	27
28	29 9:00 Strength (FFC) 9:45 Gentle Movement (RC) 10:30 Strong Bodies™ (SC) 11:00 Exercise 2 (FFC) 1:00 Fall Prevention (FFC) 2:00 Hydration Station (SC)	30 9:30 WALK IN THE PARK 11:00 NO CLASS (RC) 11:00 Cardio Drum (SC) 1:00 NO CLASS (FFC) 1:00 S T R E T C H (SC)	31 9:00 Strength (FFC) 9:45 NO CLASS (RC) 11:00 Exercise 2 (FFC) 11:00 Fall Prevention (SC) 1:00 Fall Prevention (FFC) 1:00 Tai Chi (SC) 3:00 Chair Dance (SC)	Fitness Calendar <i>July 2024</i>		