



The bus icon indicates that a shuttle will run 30 minutes before and after an activity. The times listed are the time the activity starts.

Please sign up in advance for all trips through the reservation line.

Handy Numbers:

Welcome Center (262) 679-0888,
Beauty Shop (414) 841-8587
Dining Reservations (262) 971-2126
Life Enrichment Trip Reservations (262) 971-2128



The shoe icon indicates the level of physical activity for a trip. 1 shoe = low, 2 = medium, 3 = high.

KEY:

UA	Upper Atrium	CH	Chapel
LA	Lower Atrium	FC	Fitness Center
LB	Library	SR	Sewing Room
AR	Art Room	SM	South Manor
FP	Front Patio	NM	North Manor
		GM	Grand Manor

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:30 Sequence LA 1 11:00 Word Games LA 1:30 Scenic Ride: Bear Paw Adventure Park 3:15 Reader's Theatre SR 6:00 Themed Trivia UA	9:30 Arts & Crafts AR 2 10:00 Trip: Walgreens 1:30 Independence Day Social w/ Libby Wilcox FP 3:00 Sew Good Sewing Hour 4:00 Travelogue LA	9:30 Card Games LA 3 9:30 Trip: Hobby Lobby 10:30 Cooking Class: Independence Day Treat AR 1:00 Trip: Lunch at Missions Barbecue 1:00-3:00 Blood Pressure Clinic HO 1:00-3:00 Resident Led Sheepshead GM 2:30 Men's Wii Bowling FC 3:30 Praise & Worship CH 6:00 Dollar Bingo LA	 4	9:30 Popcorn Sale AR 5 1:00 Candy Bingo LA 2:30 Wii Bowling FC 3:00 Quilting Bee SR 3:30 Sing-a-long LA	10:30 Candy Bingo 6 1:00 Movie Matinee - Our (Almost Completely True) Love Story (2023) LB 4:00 Catholic Mass Chapel
1:00 TV Show: Grace & Frankie LB 7	9:30 Sequence LA 8 11:00 Word Games LA 1:30 Scenic Ride: Okauchee Lake & Custard at Culver's 3:15 Reader's Theatre SR 3:30 Lutheran Service CH 5:30 Arts & Crafts AR	9:30 Arts & Crafts AR 9 1:00 Dulcimers LA 1:30 Trip: Piggly Wiggly 2:30 Bag Toss LA 3:00 Sew Good Sewing Hour 4:00 4 o'clock Talk LA	10:00 Intergenerational Storytelling w/ Muskego Public Library FP 10 11:00 Pet Therapy Visit 1:00-3:00 Blood Pressure Clinic 1:00-3:00 Resident Led Sheepshead GM 2:00 Teddy Bear Picnic FP 5:45 Trip: Water Bug Ski Show 	9:30 News Chat LB 11 10:00 Trip: Walmart 1:30 Luau Party w/ Tim Rush & The Steel Drums 3:00 Resident Led Sheepshead UA 3:30 Ukulele Group SR 4:00 Crosswords UA	9:30 Popcorn Sale AR 12 1:00 Candy Bingo LA 2:30 Wii Bowling FC 3:00 Quilting Bee SR 3:30 Sing-a-long LA	9:30 Table Dice Games 13 10:30 Candy Bingo 1:00 Movie Matinee - The Mighty Macs (2011) LB 4:00 Catholic Mass Chapel
1:00 TV Show: Grace & Frankie LB 14	9:30 Sequence LA 15 11:00 Word Games LA 1:30 Scenic Ride: Muskego Neighborhoods 2:00 Bastille Day Trivia & Treats LA 3:15 Reader's Theatre SR 6:00 Themed Trivia UA	9:30 Arts & Crafts AR 16 10:00&10:30 Trip: Pick N Save 1:00 Dulcimers LA 1:00 Trip: TJ Maxx 2:30 Bag Toss LA 3:00 Sew Good Sewing Hour 4:00 Travelogue LA	9:30 Card Games LA 17 10:30 Cooking Class: No Bake Banana Split Dessert 11:00 Trip: Early Lunch at Cheesecake Factory & Mayfair Mall  1:00-3:00 Blood Pressure Clinic HO 1:00-3:00 Resident Led Sheepshead GM 2:30 Men's Wii Bowling FC 3:00 Trip: Menards 3:30 Praise & Worship CH 6:00 Dollar Bingo LA	9:30 News Chat LB 18 10:00 Trip: Dollar Tree 1:30 Accompany Kids Summer Show 3:00 Resident Led Sheepshead UA 3:30 Ukulele Group SR 4:00 Crosswords UA	9:30 Popcorn Sale AR 19 1:30 Silver Strings Concert FP 2:30 Wii Bowling FC 3:00 Quilting Bee SR 3:30 Sing-a-long LA	9:30 Table Dice Games 20 10:30 Candy Bingo 1:00 Motorcycle Bike Show FP 4:00 Catholic Mass Chapel
1:00 TV Show: Grace & Frankie LB 21	9:30 Sequence LA 22 11:00 Word Games LA 1:30 Scenic Ride: Pabst Mansion 3:00 Visit with Abraham Lincoln 3:30 Lutheran Service CH 4:00 Reader's Theatre SR 5:30 Arts & Crafts AR	9:30 Arts & Crafts AR 23 1:00 Dulcimers LA 1:30 Trip: Aldi's 2:30 Bag Toss LA 3:00 Sew Good Sewing Hour 4:00 4 o'clock Talk LA	9:30 Card Games LA 24 10:00 Trip: Kohl's 11:00 Pet Therapy Visit LA 1:00 Trip: St. Vincent de Paul's 1:00-3:00 Blood Pressure Clinic HO 1:00-3:00 Resident Led Sheepshead GM 2:30 Men's Wii Bowling FC 3:30 Dime Bunco LA 6:00 Dollar Bingo LA	9:30 News Chat LB 25 9:30 Trip: Breakfast at Honey Berry in Brookfield 1:30 Birthday Social w/ Jeff Sherwood 3:00 Resident Led Sheepshead UA 3:30 Ukulele Group SR 4:00 Crosswords UA	9:30 Popcorn Sale AR 26 1:00 PRIZE Bingo LA 2:30 Wii Bowling FC 3:00 Quilting Bee SR 3:30 Sing-a-long LA 6:00 Karaoke Night LA	9:30 Table Dice Games 27 10:30 Candy Bingo 1:00 Movie Matinee - The Boys In The Boat (2023) LB 4:00 Catholic Mass Chapel
1:00 TV Show: Grace & Frankie LB 28	10:00 Special Voting Deputy Visit for Voting 29 1:30 Scenic Ride: UWM Campus 3:30 Reader's Theatre Performance LA 6:00 Themed Trivia UA	9:30 Arts & Crafts AR 30 9:30 Trip: Piggly Wiggly 12:00 Trip: Lunch at Pizza Ranch 1:00 Dulcimers LA 2:30 Bag Toss LA 3:00 Trip: Meijer's 3:00 Sew Good Sewing Hour 4:00 Travelogue LA	9:30 Card Games LA 31 10:30 Cooking Class: Key Lime Pie Bars AR 10:30 Trip: Walmart 1:00-3:00 Blood Pressure Clinic HO 1:00-3:00 Resident Led Sheepshead GM 2:00 Staff Appreciation LA 2:30 Men's Wii Bowling FC 3:30 Trip: Dinner at Cleveland Pub 3:30 Dime Bunco LA 6:00 Dollar Bingo LA			



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	9:30 Sequence LA 10:00 Grand Cafe Lodge 11:00 Word Games LA 1:00 Arts & Crafts SM 1:30 Scenic Ride: Bear Paw Adventure Park 2:30 Resident Led Trivia SM 3:15 Reader's Theatre SR 6:00 Themed Trivia Lodge UA	1 9:30 Arts & Crafts Lodge AR 10:00 Trip: Walgreens 1:00 Resident Led Bunco SM 1:30 Independence Day Social w/ Libby Wilcox FP 3:00 Sew Good Sewing Hour 3:30 Travelogue Lodge LA	9:30 Card Games Lodge LA 9:30 Trip: Hobby Lobby 10:30 Resident Led Candy Bingo SM 10:30 Cooking Class: Independence Day Treat Lodge AR 1:00 Trip: Lunch at Missions Barbecue 1:00-3:00 Blood Pressure Clinic HO 1:00-3:00 Resident Led Sheepshead GM 2:30 Men's Wii Bowling Lodge FC 3:30 Praise & Worship Lodge CH 6:00 Dollar Bingo Lodge LA	3 9:30 Card Games Lodge LA 9:30 Trip: Hobby Lobby 10:30 Resident Led Candy Bingo SM 10:30 Cooking Class: Independence Day Treat Lodge AR 1:00 Trip: Lunch at Missions Barbecue 1:00-3:00 Blood Pressure Clinic HO 1:00-3:00 Resident Led Sheepshead GM 2:30 Men's Wii Bowling Lodge FC 3:30 Praise & Worship Lodge CH 6:00 Dollar Bingo Lodge LA	4 9:30 Popcorn Sale Lodge AR 1:00 Candy Bingo Lodge LA 2:30 Wii Bowling Lodge FC 2:30 Bocce Ball SM 3:00 Quilting Bee Lodge SR 3:30 Sing-a-long Lodge LA 6:00 Friday Night Friends Lodge	5 9:30 Popcorn Sale Lodge AR 1:00 Candy Bingo Lodge LA 2:30 Wii Bowling Lodge FC 2:30 Bocce Ball SM 3:00 Quilting Bee Lodge SR 3:30 Sing-a-long Lodge LA 6:00 Friday Night Friends Lodge	6 10:30 Candy Bingo 1:00 Movie Matinee - Our (Almost Completely True) Love Story (2023) LB 2:30 Resident Led Trivia SM 4:00 Catholic Mass Chapel 6:00 Dollar Bingo GM
1:00 TV Show: Grace & Frankie LB 7	9:30 Sequence LA 10:00 Grand Cafe Lodge 11:00 Word Games LA 1:00 Arts & Crafts NM 1:30 Scenic Ride: Okauchee Lake & Custard at Culver's 2:30 Resident Led Trivia SM 3:15 Reader's Theatre SR 3:30 Lutheran Service Lodge CH 5:30 Arts & Crafts Lodge AR	8 9:30 Arts & Crafts Lodge AR 1:00 Dulcimers Lodge LA 1:00 Resident Led Bunco SM 1:30 Trip: Piggly Wiggly 2:30 Bag Toss LA 3:00 Sew Good Sewing Hour 4:00 4 o'clock Talk 5:15 Dinner Shuttle: Italian Night	9 9:30 Arts & Crafts Lodge AR 1:00 Dulcimers Lodge LA 1:00 Resident Led Bunco SM 1:30 Trip: Piggly Wiggly 2:30 Bag Toss LA 3:00 Sew Good Sewing Hour 4:00 4 o'clock Talk 5:15 Dinner Shuttle: Italian Night	10 10:00 Intergenerational Storytelling w/ Muskego Public Library FP 10:30 Resident Led Candy Bingo SM 1:00-3:00 Blood Pressure Clinic HO 1:00-3:00 Resident Led Sheepshead GM 2:00 Teddy Bear Picnic FP 5:45 Trip: Muskego Waterbugs Ski Show	11 9:30 News Chat Lodge LB 10:00 Trip: Walmart 11:00 Dulcimers GM 1:30 Luau Party w/ Tim Rush & The Steel Drums FP 3:00 Resident Led Sheepshead Lodge UA 3:30 Ukulele Group Lodge SR 4:00 Crosswords Lodge UA	12 9:30 Popcorn Sale Lodge AR 1:00 Candy Bingo Lodge LA 2:30 Wii Bowling Lodge FC 2:30 Bocce Ball SM 3:00 Quilting Bee Lodge SR 3:30 Sing-a-long Lodge LA 6:00 Friday Night Friends Lodge	13 9:30 Table Dice Games 10:30 Candy Bingo 1:00 Movie Matinee - The Mighty Macs (2011) LB 2:30 Resident Led Trivia SM 4:00 Catholic Mass Chapel 6:00 Dollar Bingo GM
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1:00 TV Show: Grace & Frankie LB 21	9:30 Sequence LA 10:00 Grand Cafe Lodge 11:00 Word Games LA 1:00 Arts & Crafts SM 1:30 Scenic Ride: Pabst Historical Grounds 2:30 Resident Led Trivia SM 3:00 Visit with Abraham Lincoln Lodge 3:30 Lutheran Service Lodge CH 4:00 Readers Theater Lodge SR 5:30 Arts & Crafts Lodge AR	22 9:30 Arts & Crafts Lodge AR 1:00 Dulcimers Lodge LA 1:00 Resident Led Bunco SM 1:30 Trip: Aldi's 2:30 Bag Toss LA 3:00 Sew Good Sewing Hour 4:00 4 o'clock Talk 5:15 Dinner Shuttle: Christmas in July	23 9:30 Arts & Crafts Lodge AR 1:00 Dulcimers Lodge LA 1:00 Resident Led Bunco SM 1:30 Trip: Aldi's 2:30 Bag Toss LA 3:00 Sew Good Sewing Hour 4:00 4 o'clock Talk 5:15 Dinner Shuttle: Christmas in July	24 9:30 Card Games Lodge LA 10:00 Trip: Kohl's 10:30 Resident Led Candy Bingo SM 1:00-3:00 Blood Pressure Clinic HO 1:00 Trip: St. Vincent de Paul's 1:00-3:00 Resident Led Sheepshead GM 2:00 Answers with Andy NM 2:30 Men's Wii Bowling Lodge FC 3:30 Dime Bunco Lodge LA 6:00 Dollar Bingo Lodge LA	25 9:30 News Chat Lodge LB 9:30 Trip: Breakfast at Honey Berry in Brookfield 11:00 Dulcimers GM 1:30 Birthday Social w/ Jeff Sherwood 3:00 Resident Led Sheepshead Lodge UA 3:30 Ukulele Group Lodge SR 4:00 Crosswords Lodge UA	26 9:30 Popcorn Sale Lodge AR 1:00 PRIZE Bingo Lodge LA 2:30 Wii Bowling Lodge FC 2:30 Bocce Ball SM 3:00 Quilting Bee Lodge SR 3:30 Sing-a-long Lodge LA 6:00 Karaoke Night Lodge LA	27 9:30 Table Dice Games 10:30 Candy Bingo 1:00 Movie Matinee - The Boys In The Boat (2023) LB 2:30 Resident Led Trivia SM 4:00 Catholic Mass Chapel 6:00 Dollar Bingo GM
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10:00 STRETCH 11:00 Cardio Drum with Rhoda	2 10:30 Yoga	3 1:00 Seated Dance	4 HAPPY 4th! NO CLASS	5 NO CLASS	6
7	8 10:00 STRETCH 11:00 Cardio Drum with Rhoda	9 10:30 Yoga	10 1:00 Seated Dance	11 10:00 STRETCH 11:00 Cardio Drum with Rhoda	12 10:30 Strength	13
14	15 10:00 STRETCH 11:00 Cardio Drum with Rhoda	16 10:30 Yoga	17 1:00 Seated Dance	18 10:00 STRETCH 11:00 Cardio Drum with Rhoda	19 NO CLASS	20
21	22 10:00 STRETCH 11:00 Cardio Drum with Rhoda	23 10:30 Yoga	24 1:00 Seated Dance	25 10:00 STRETCH 11:00 Cardio Drum with Rhoda	26 10:30 Strength	27
28	29 NO CLASS	30 10:30 Yoga	31 1:00 Seated Dance	 Fitness Calendar <i>July 2024</i> 		