

KEY:

Black: Life Enrichment Activity

Blue: Health Services Activity

Pink: Musician

Red: Caregiver Field Trip


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 8:45 Group Fitness 10:00 BINGO! 1:45 Independence Day Social: Libby Wilcox 3:00 Coffee Chat 6:00 Craft Corner	2 10:00 Sit N' Stretch 10:30 Sing Along 1:30 Art Adventures 2:30pm Balloon Bop 3:00 Coffee Chat 6:00 Ball Toss	3 8:45 Group Fitness 9:45 Praise & Worship 1:30 Hand Massage 3:00 Coffee Chat 4:30 Daniel on Keys 6:00 Card Game	4 	5 10:00 Science Experiment 1:30 Table Top Games 3:00 Coffee Chat 6:00 Be Funny Friday!	6 9:15 Finish the Song Guessing Game 10:00 Bowling 1:00 Movie & Snacks 3:00 Music Requests 6:00 Board Game
7	8 10:00 BINGO! 1:30 Sensory Experience 3:00 Coffee Chat 6:00 Craft Corner	9 10:00 Sit N' Stretch 10:30 Sing Along 1:30 Art Adventures 2:30pm Balloon Bop 3:00 Coffee Chat 6:00 Ball Toss	10 9:45 Praise & Worship 10:15 Can you Picture this? 1:30 Hand Massage 3:00 Coffee Chat 4:30 Jacki On Violin 6:00 Card Game	11 10:00 Sit N' Stretch 10:30 Pet Therapy 1:45 Happy Hour Social with Frogwater 3:00 Coffee Chat 6:00 Balloon Toss	12 9:30 Scenic Ride through Oconomowoc 1:30 Table Top Games 3:00 Coffee Chat 6:00 Be Funny Friday!	13 9:15 Can You Picture This? Interactive Activity 10:00 Bowling 1:00 Movie & Snacks 3:00 Music Requests 6:00 Board Game
14	15 8:45 Group Fitness 10:00 BINGO! 1:30 Sensory Experience 3:00 Coffee Chat 6:00 Craft Corner	16 10:00 Sit N' Stretch 10:30 Sing Along 1:30 Art Adventures 2:30pm Balloon Bop 3:00 Coffee Chat 6:00 Ball Toss	17 8:45 Group Fitness 9:45 Praise & Worship 1:30 Hand Massage 3:00 Coffee Chat 6:00 Card Game	18 10:00 Sit N' Stretch 10:30 Travel Time 1:45 Ice Cream Social with Roger Boll 3:00 Coffee Chat 6:00 Balloon Toss	19 9:00 Group Fitness 9:30 Scenic Ride through Grant Park 1:30 Table Top Games 3:00 Coffee Chat 4:30 Daniel on Keys 6:00 Be Funny Friday!	20 9:15 Summer Detective 10:00 Bowling 1:00 Movie & Snacks 3:00 Music Requests 6:00 Board Game
21	22 8:45 Group Fitness 10:00 BINGO! 1:30 Sensory Experience 3:00 Coffee Chat 6:00 Craft Corner	23 10:00 Sit N' Stretch 10:30 Sing Along 1:30 Art Adventures 2:30pm Balloon Bop 3:00 Coffee Chat 6:00 Ball Toss	24 8:45 Group Fitness 9:45 Praise & Worship 1:30 Hand Massage 3:00 Coffee Chat 4:30 Jacki On Violin 6:00 Card Game	25 10:00 Sit N' Stretch 10:30 Pet Therapy 1:45 Birthday Social with Caribbean Eclipse 3:00 Coffee Chat 6:00 Balloon Toss	26 9:00 Group Fitness 9:30 Scenic Ride through Kettle Moraine 1:30 Table Top Games 3:00 Coffee Chat 6:00 Be Funny Friday!	27 9:15 Reminisce about talking on the phone 10:00 Bowling 1:00 Movie & Snacks 3:00 Music Requests 6:00 Board Game
28	29 8:45 Group Fitness 10:00 BINGO! 1:30 Sensory Experience 3:00 Coffee Chat 6:00 Craft Corner	30 10:00 Sit N' Stretch 10:30 Sing Along 1:30 Art Adventures 2:30pm Balloon Bop 3:00 Coffee Chat 6:00 Ball Toss	31 8:45 Group Fitness 9:45 Praise & Worship 1:30 Hand Massage 3:00 Coffee Chat 4:30 Jacki On Violin 6:00 Card Game			

Handy Numbers:

Front Desk: 262-780-0321

Life Enrichment: 262-202-8142

 = Bus Trip

 = Resident Lead Activity

AR Art Room (1st Floor)
 CH Chapel (1st Floor)
 MR Media Room (1st Floor)
 HW Hallway (1st Floor)

FR Fitness Room (Lower Level)
 DR Dining Room (Lower Level)
 BT Bistro (Lower Level)
 PDR Private Dining Room (Lower Level)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:00 Metro Market 1 9:15 Morning Fit FR 10:30 Wheel Of Fortune MR 1:00-2:00 Country Store 2:00 Independence Day Social w/ Libby Wilcox 3:30 Open Dominoes MR 6:00 Sheepshead BT	9:30 Table Top Games MR 2 10:30 Balloon Bop MR 1:00-2:00 Country Store 2:00 Quarter BINGO BT 3:00 Craft Corner AR 3:15 UNO! 5:30 Wii Pro Bowling MR	9:15 Morning Fit FR 3 10:00 Praise & Worship CH 10:30 Wii Bowling Class MR 1:30 Word Games MR 2:30 Afternoon Fit MR 3:00 Mixed Media/Collage AR 6:00 Sheepshead BT	 4	10:00 Table Top Games 5 1:00-2:00 Country Store 2:30 Rosary CH 3:00 Travel/Bio CH	10:00 Dollar Bingo MR 6 12:30 Wii Bowling League MR 6:00 Sheepshead BT
9:00 Catholic Mass CH 7	10:30 Wheel Of Fortune MR 8 1:00-2:00 Country Store 1:30-2:30 War Memorial Presentation MR 2:45 Movie & Popcorn PR 3:30 Open Dominoes MR 6:00 Sheepshead BT	9:30 Table Top Games MR 9 10:30 Balloon Bop MR 1:00-2:00 Country Store 2:00 Quarter BINGO BT 3:00 Craft Corner AR 3:15 UNO! 5:30 Wii Pro Bowling MR	10:00 Praise & Worship CH 10 10:30 Wii Bowling Class MR 1:30 Word Games MR 3:00 Mixed Media/Collage AR 6:00 Sheepshead BT	10:00 Metro Market 11 9:30 Mini Golf Game MR 10:30 Crossword MR 10:45 Pet Therapy Visit 2:00 Happy Hour Social w/ Frogwater 3:30 Pins & Needles AR 5:30 Wii Pro Bowling MR	9:30 Scenic Ride through Oconomowoc 12 10:00 Table Top Games 1:00-2:00 Country Store 2:30 Rosary CH 3:00 Travel/Bio CH	10:00 Dollar Bingo MR 13 12:30 Wii Bowling League MR 6:00 Sheepshead BT
9:00 Catholic Mass CH 14	9:15 Morning Fit FR 15 10:30 Wheel Of Fortune MR 1:00-2:00 Country Store 2:00 Movie & Popcorn PR 2:30 Afternoon Fit MR 3:30 Open Dominoes MR 6:00 Sheepshead BT	9:30 Table Top Games MR 16 10:30 Balloon Bop MR 1:00-2:00 Country Store 2:00 Quarter BINGO BT 3:00 Craft Corner AR 3:15 UNO! 5:30 Wii Pro Bowling MR	9:15 Morning Fit FR 17 10:00 Praise & Worship CH 10:30 Wii Bowling Class MR 1:30 Word Games MR 3:00 Mixed Media/Collage AR 6:00 Sheepshead BT	10:00 Metro Market 18 9:30 Mini Golf Game MR 10:30 Crossword MR 2:00 Ice Cream Social w/ Roger Boll 3:30 Pins & Needles AR 5:30 Wii Pro Bowling MR	9:15 Mind/Body Fit FR 19 9:30 Scenic Ride through Grant Park 10:00 Table Top Games 1:00-2:00 Country Store 1:30 Cardio Drumming FR 2:30 Rosary CH 3:00 Travel/Bio CH	10:00 Dollar Bingo MR 20 12:30 Wii Bowling League MR 6:00 Sheepshead BT
9:00 Catholic Mass CH 21	9:15 Morning Fit FR 22 10:30 Wheel Of Fortune MR 1:00-2:00 Country Store 2:00 Movie & Popcorn PR 2:30 Afternoon Fit MR 3:30 Open Dominoes MR 6:00 Sheepshead BT	9:30 Table Top Games MR 23 10:30 Balloon Bop MR 1:00-2:00 Country Store 2:00 Quarter BINGO BT 3:00 Craft Corner AR 3:15 UNO! 5:30 Wii Pro Bowling MR	9:15 Morning Fit FR 24 10:00 Praise & Worship CH 10:30 Wii Bowling Class MR 1:30 Word Games MR 2:30 Afternoon Fit MR 3:00 Mixed Media/Collage AR 4:30 Daniel on Keys 6:00 Sheepshead BT	10:00 Metro Market 25 10:45 Pet Therapy Visit 2:00 Birthday Social w/Caribbean Eclipse 3:30 Pins & Needles AR 5:30 Wii Pro Bowling MR	9:15 Mind/Body Fit FR 26 9:30 Scenic Ride through Kettle Moraine 10:00 Table Top Games 1:00-2:00 Country Store 1:30 Cardio Drumming FR 2:30 Rosary CH 3:00 Travel/Bio CH	10:00 Dollar Bingo MR 27 12:30 Wii Bowling League MR 6:00 Sheepshead BT
9:00 Catholic Mass CH 28	9:15 Morning Fit FR 29 10:30 Wheel Of Fortune MR 1:00-2:00 Country Store 2:00 Movie & Popcorn PR 2:30 Afternoon Fit MR 3:30 Open Dominoes MR 6:00 Sheepshead BT	9:30 Table Top Games MR 30 10:30 Balloon Bop MR 1:00-2:00 Country Store 2:00 Quarter BINGO BT 3:00 Craft Corner AR 3:15 UNO! 5:30 Wii Pro Bowling MR	9:15 Morning Fit FR 31 10:00 Praise & Worship CH 10:30 Wii Bowling Class MR 1:30 Word Games MR 2:30 Afternoon Fit MR 3:00 Mixed Media/Collage AR 6:00 Sheepshead BT			

Handy Numbers:
Life Enrichment: 262-202-8142
Support Office: 262-202-8150
Main Front Desk: 262-780-0321

AR Art Room
FC Fitness Center
CM Community Room

GR Game Room
LB Library
MR Meditation Room

RED=Outings (sign up @ Trip Sign-up Meeting for Restaurants.
 For shopping trips sign up in Support Office)
 *Please Arrive For Bus Pick-up 15 Minutes Prior To Listed Times

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:30 Metro Market 10:00 Metro Market 10:30 Strong Bodies 11:00 Bridge Club LB 1:45pm Shuttle: Independence Day Social w/Libby Wilcox 3rd floor meeting cancelled, next one is in August 7:00 Pony Tail LB 7:00 BINGO CM	9:30 Walgreens/Banks 11:30 Rosary MR 1:00 Champs Americana 3:00 1st Floor Meeting CM 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	9:30 Walmart 10:00 Bible Discussion: Psalm 91 CM 11:00 Balance & Stability CM 1:15 Functionally Fit -CM 3:00 2nd Floor Meeting CM 7:00 BINGO CM	No Outings 6:30 Scrabble CM 7:00 Sheepshead LB 	1:00 Sheepshead LB 7:00 Pony Tail LB 7:00pm Movie, "Where the Crawdads Sing" CM	
10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	10:00 Coffee Shop CM 11:00 Bridge Club LB 7:00 Pony Tail LB 7:00 BINGO CM	9:00 Book Club LB 9:30 Piggly Wiggly West Allis 10:00 Tai Chi FC(note change) 10:30 Fun Lov'n Grannies CM 11:30 Rosary MR 1:00pm Sendik's On Capital 3:00 Regency Choir CM 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	9:30 Breakfast at First Watch 1:00 Dollar Tree 7:00 BINGO CM	9:30 Metro Market 10:00 Metro Market 1:45 Shuttle: Happy Hour Social w/ Frogwater 6:30 Scrabble CM 7:00 Sheepshead LB	1:00 Sheepshead LB 11:45 War Memorial with Beer Garden for lunch 7:00 Pony Tail LB	
10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	10:30 Strong Bodies 11:00 Bridge Club LB 1:00 Navigating Transitions w/ Liz 3:00pm Community Meeting w/Karissa 7:00 Pony Tail LB 7:00 BINGO CM	9:30 Farm & Fleet 11:30 Rosary MR 1:00 Target/Trader Joes 3:00 Regency Choir CM 6:30 Domino Chicken Foot LB 7:00 L.C.R. CM	9:30 Metcalf's Market 11:00 Balance & Stability CM 1:00 Fitness Trip: Fox River Park 7:00 BINGO CM	9:30 Metro Market 10:00 Metro Market 1:45 Shuttle: Ice Cream Social w/ Roger Boll 6:30 Scrabble CM 7:00 Sheepshead LB	10:30 Fun Friday CM 2:00 Bye Bye Birdie Play, Fish fry at Maxims afterwards 1:00 Sheepshead LB 7:00 Pony Tail LB	9:00am Brookfield Farmer's Market 3:00pm Wine & Cheese
10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	10:00 Protestant Service CM 10:30 Strong Bodies 11:00 Bridge Club LB 1:15 Functionally Fit CM 2:30 Name that Tune Bingo CM 7:00 Pony Tail LB 7:00 BINGO CM	9:30 Aldi 10:00 Tai Chi CM 11:30 Rosary MR 1:00 Piggly Wiggly West Allis 3:00 Regency Choir CM 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	9:30am Menards 11:00 Balance & Stability CM 1:15 Functionally Fit CM 1:00 Walmart 7:00 BINGO CM	9:30 Metro Market 10:00 Metro Market 1:45 Shuttle: Birthday Social w/Caribbean Eclipse 6:30 Scrabble CM 7:00 Sheepshead LB	10:30 Fun Friday CM 1:00 Sheepshead LB 1:00 Scenic Ride & Culvers 7:00 Pony Tail LB	
10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	10:30 Strong Bodies 11:00 Bridge Club LB 12:00 Trip Sign Up 1:15 Functionally Fit CM 7:00 Pony Tail LB 7:00 BINGO CM	9:30 Dollar Store 10:00 Tai Chi CM 11:30 Rosary MR 1:00 Kohls 3:00 Regency Choir CM 6:30 Pub Night CM	9:30am Grohmann Museum & Lunch at O'Sullivan's Public House 11:00 Balance & Stability CM 1:15 Functionally Fit CM 2:00 Woodmans 7:00 BINGO CM			

Senior Living

CM = Community Room

FC = Fitness Center

Assisted Living

MR = Media Room

FR = Fitness Room

MC = Memory Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 8:30 Memory Care 9:15 Morning Fit FR 10:30 StrongBodies FC 1:15 Functional Fit CM 2:30 Afternoon Fit MR	2 NO CLASS	3 8:30 Memory Care 9:15 Morning Fit FR 11:00 Balance CM 1:15 Functional Fit CM 2:30 Afternoon Fit MR	4	5 No Fun Friday	6
7	8 NOCLASS	9 10:00 Tai Chi FR	10 NO CLASS	11	12 No Fun Friday	13
14	15 8:30 Memory Care 9:15 Morning Fit FR 10:30 StrongBodies FC 1:15 Functional Fit CM 2:30 Afternoon Fit MR	16 NO CLASS	17 8:30 Memory Care 9:15 Morning Fit FR 11:00 Balance CM 1:15 Functional Fit CM	18	19 8:30 Memory Care 9:15 Mind/Body Fit FR 10:30 Fun Friday CM 2:30 Cardio Drum FR	20
21	22 8:30 Memory Care 9:15 Morning Fit FR 10:30 StrongBodies FC 1:15 Functional Fit CM 2:30 Afternoon Fit MR	23 10:00 Tai Chi CM	24 8:30 Memory Care 9:15 Morning Fit FR 11:00 Balance CM 1:15 Functional Fit CM 2:30 Afternoon Fit MR	25	26 8:30 Memory Care 9:15 Mind/Body Fit FR 10:30 Fun Friday CM 2:30 Cardio Drum FR	27
28	29 8:30 Memory Care 9:15 Morning Fit FR 10:30 StrongBodies FC 1:15 Functional Fit CM 2:30 Afternoon Fit MR	30 10:00 Tai Chi CM	31 8:30 Memory Care 9:15 Morning Fit FR 11:00 Balance CM 1:15 Functional Fit CM 2:30 Afternoon Fit MR	 <h2>Fitness Calendar</h2> <h1>July 2024</h1>		