

SUNDAY

MONDAY

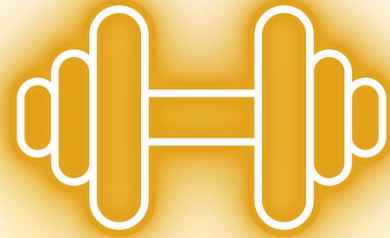
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



# Fitness Calendar June 2024



1

2

3

4

5

6

7

8

9:30 StrongBodies  
10:30 Balance

10:30  
Yoga

1:00  
Seated Dance

9:30 StrongBodies  
10:30 Balance

9:30 Cardio Drum  
10:30 Seated Yoga

9

10

11

12

13

14

15

9:30 StrongBodies  
10:30 Balance

NO  
CLASS  
Zoo!

1:00  
Seated Dance

9:30 StrongBodies  
10:30 Balance

9:30 Cardio Drum  
10:30 Seated Yoga

16

17

18

19

20

21

22

9:30 StrongBodies  
10:30 Balance

10:30  
Yoga

1:00  
Seated Dance

9:30 StrongBodies  
10:30 Balance

9:30 Cardio Drum  
10:30 Seated Yoga  
10:30 Lunch & Learn  
@ New Berlin

23

24

25

26

27

28

29

9:30 StrongBodies  
10:30 Balance

10:30  
Yoga

1:00  
Seated Dance

9:30 StrongBodies  
10:30 Balance

9:30 Cardio Drum  
10:30 Seated Yoga