

Handy Numbers:

Life Enrichment: 262-202-8142

Support Office: 262-202-8150

Main Front Desk: 262-780-0321

AR Art Room

FR Fitness Room

CM Community Room

GR Game Room

LB Library

MR Meditation Room

RED=Outings (sign up @ Trip Sign-up Meeting or in Support Office)

***Please Arrive For Bus Pick-up 15 Minutes Prior To Listed Times**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	1 10:00 Coffee Shop CM 1:00 Bridge Club LB 1:15 Functionally Fit CM 7:00 Pony Tail LB 7:00 BINGO CM	2 9:30 Tai Chi CM 9:30 Walgreens/Banks 11:30 Rosary MR 1:00 1st Floor Meeting CM 1:00 Sendik's on Capital 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	3 10:00 Bible Discussion: Psalm 91 CM 11:00 Balance & Stability CM 1:00 Walmart 1:15 Functionally Fit -CM 3:00 2nd Floor Meeting CM 4:30 Dinner at Open Flame 7:00 BINGO CM	4 9:30 Metro Market 10:00 Metro Market 1:45 Shuttle: Bases Loaded Bash w/ Jerry Stephani 6:30 Scrabble CM 7:00 Sheepshead LB	5 10:30 Fun Friday CM 1:00 Sheepshead LB 1:30 Scenic ride down Wisconsin Avenue 7:00 Pony Tail LB	6 6:30 Mexican Train Dominoes LB
7 10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	8 10:00 WI Bureau of Consumer Protection Speaker: Identity Theft CM 11:00 Bridge Club LB 1:15 Functionally Fit CM 7:00 Pony Tail LB 7:00 BINGO CM	9 9:00 Book Club LB 9:30 Tai Chi CM 9:30 Dollar Tree 11:30 Rosary MR 1:00 Woodmans 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	10 9:30 Breakfast at IHOP Original Pancake House 1:00 Stein's/Farm & Fleet 2:15 Bible Study CM 7:00 BINGO CM	11 9:30 Metro Market 10:00 Metro Market 1:45 Shuttle: April Showers Social w/Charles Barber 6:30 Scrabble CM 7:00 Sheepshead LB	12 10:30 Fun Friday CM 1:00 Sheepshead LB 7:00 Pony Tail LB 7:00 Movie Night CM "Something's Gotta Give"	13 6:30 Mexican Train Dominos LB
14 10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	15 11:00 Bridge Club LB 1:15 Functionally Fit CM 3:00 Community Meeting CM 7:00 Pony Tail LB 7:00 BINGO CM	16 9:30 Tai Chi CM 11:30 Rosary MR 1:00 Metcalfe's Market 3:00 Target/Trader Joes 6:30 Domino Chicken Foot LB 6:45 Shuttle: Social w/ Milwaukee Letter Carrier Band	17 9:30 Piggly Wiggly/Kohls 11:00 Balance & Stability CM 1:00 Fitness Trip to Nagawaukee Park 7:00 BINGO CM	18 9:30 Metro Market 10:00 Metro Market 1:45 Shuttle: Birthday Party w/ Marcell Guyton 6:30 Scrabble CM 7:00 Sheepshead LB	19 10:30 Fun Friday CM 1:00 Sheepshead LB 12:30/1:00 Shuttle Panera 7:00 Pony Tail LB	20 3:00 Wine & Cheese 6:30 Mexican Train Dominos LB
21 10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	22 11:00 Bridge Club LB 1:15 Functionally Fit CM 2:30 'Name That Tune' Bingo CM 7:00 Pony Tail LB 7:00 BINGO CM	23 9:30 Tai Chi CM 9:30 Walmart 11:30 Rosary MR 1:00 Dollar Store 6:30 Domino Chicken Foot LB 7:00 L.C.R CM	24 9:00/9:30 Breakfast at 84th Classic Cafe 11:00 Balance & Stability CM 2:00 Disco Dance Party w/ Rockin' Randy CM 7:00 BINGO CM	25 9:30 Metro Market 10:00 Metro Market 12:00-3:00 Potawatomi 2:00 Crafts w/ Elaine-AR 6:30 Scrabble CM 7:00 Sheepshead LB	26 1:00 Sheepshead LB 1:30 Scenic ride: To West Allis stop at Aggies Bakery/Freese's Candy 7:00 Pony Tail LB	27 6:30 Mexican Train Dominoes LB
28 10:30 Catholic Service CM 2:00 Rummikub CM 2:00 Needlework Group LB	29 10:00 Protestant Service CM 11:00 Bridge Club LB 12:00 Trips Sign Up CM 1:15 Functionally Fit CM 7:00 Pony Tail LB 7:00 BINGO CM	30 9:30 Aldi 11:30 Rosary MR 1:00 Albrechts Sentry Delafield 6:30 Pub Night CM	 <h1 style="font-family: cursive;">Senior Living</h1> <h1 style="font-family: cursive;">April 2024</h1> 			

■ = Bus Trip

■ = Resident Lead Activity

Handy Numbers:

Front Desk: 262-780-0321

Life Enrichment: 262-202-8142

AR Art Room (1st Floor)
 CH Chapel (1st Floor)
 MR Media Room (1st Floor)
 HW Hallway (1st Floor)

FR Fitness Room (Lower Level)
 DR Dining Room (Lower Level)
 BT Bistro (Lower Level)
 PDR Private Dining Room (Lower Level)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:15 Morning Fit FR 1 10:30 Wheel Of Fortune MR Country Store 1-2 2:00 Movie & Popcorn PR 2:30 Afternoon Fit MR 3:30 Open Dominoes MR 6:00 Sheepshead BT	9:30 Shop at Walgreens/Banks 2 9:30 Baking Group AR Country Store 1-2pm 2:00 Quarter BINGO BT 3:00 Craft Corner AR 5:30 Wii Pro Bowling MR	9:15 Morning Fit FR 3 10:00 Praise & Worship CH 10:30 Wii Bowling Class MR 1:30 Word Games MR 2:30 Afternoon Fit MR 3:00 Mixed Media/Collage AR 6:00 Sheepshead BT	9:30 Shop at Metro Market 4 9:30 Mini Golf Game MR 10:30 Crossword MR 10:45 Pet Therapy visit 2:00 Bases Loaded Bash w/ Jerry Stephani DR 3:30 Pins & Needles AR 5:30 Wii Pro Bowling MR	9:15 Mind/Body Fit FR 5 9:30 Scenic Ride 10:00 Table Top Games Country Store 1-2 pm 1:30 Cardio Drumming FR 2:30 Rosary CH 3:00 Travel/Bio CH	6 1:30 Dollar Bingo MR 2:30 Wii Bowling League MR 3:00 Movie Matinee CH
7 9:00 Catholic Mass CH 1:30 Dominoes MR	9:15 Morning Fit FR 8 10:30 Wheel Of Fortune MR Country Store 1-2 2:00 1:1 Chaplaincy Visits 2:00 Movie & Popcorn PR 2:30 Afternoon Fit MR 3:30 Open Dominoes MR 6:00 Sheepshead BT	9:30 Shop at Dollar Tree 9 9:30 Baking Group AR Country Store 1-2pm 2:00 Quarter BINGO BT 3:00 Craft Corner AR 5:30 Wii Pro Bowling MR	9:15 Morning Fit FR 10 10:00 Praise & Worship CH 10:30 Wii Bowling Class MR 1:30 Word Games MR 2:30 Afternoon Fit MR 3:00 Mixed Media/Collage 4:30 Jacki on Violin DR 6:00 Sheepshead BT	9:30 Shop at Metro Market 11 9:30 Mini Golf Game MR 10:30 Crossword MR 2:00 April Showers Social w/ Charles Barber DR 3:30 Pins & Needles AR 5:30 Wii Pro Bowling MR	9:15 Mind/Body Fit FR 12 9:30 Scenic Ride 10:00 Table Top Games Country Store 1-2 pm 1:30 Cardio Drumming FR 2:30 Rosary CH 3:00 Travel/Bio CH	13 1:30 Dollar Bingo MR 2:30 Wii Bowling League MR 3:00 Movie Matinee CH
14 9:00 Catholic Mass CH 1:30 Dominoes MR	9:15 Morning Fit FR 15 10:30 Wheel Of Fortune MR Country Store 1-2 2:00 Movie & Popcorn PR 2:30 Afternoon Fit MR 3:30 Open Dominoes MR 6:00 Sheepshead BT	9:30 Baking Group AR 16 Country Store 1-2pm 2:00 Quarter BINGO BT 3:00 Craft Corner AR 5:30 Wii Pro Bowling MR 7:00 Musical performance: Milwaukee Letter Carrier Band DR	9:15 Morning Fit FR 17 10:00 Praise & Worship CH 10:30 Wii Bowling Class MR 1:30 Word Games MR 3:00 Mixed Media/Collage AR 6:00 Sheepshead BT	9:30 Shop at Metro Market 18 9:30 Mini Golf Game MR 10:30 Crossword MR 2:00 Birthday Party w/ Marcell Guyton DR 3:30 Pins & Needles AR 5:30 Wii Pro Bowling MR	9:15 Mind/Body Fit FR 19 9:30 Scenic Ride 10:00 Table Top Games Country Store 1-2 pm 1:30 Cardio Drumming FR 2:30 Rosary CH 3:00 Travel/Bio CH	20 1:30 Dollar Bingo MR 2:30 Wii Bowling League MR 3:00 Movie Matinee CH
21 9:00 Catholic Mass CH 1:30 Dominoes MR	9:15 Morning Fit FR 22 10:30 Wheel Of Fortune MR Country Store 1-2 1:00 Name That Tune Bingo MR 2:00 1:1 Chaplaincy Visits 2:30 Afternoon Fit MR 3:30 Open Dominoes MR 6:00 Sheepshead BT	9:30 Shop at Walmart 23 9:30 Baking Group AR Country Store 1-2pm 2:00 Quarter BINGO BT 3:00 Craft Corner AR 5:30 Wii Pro Bowling MR	9:15 Morning Fit FR 24 10:00 Praise & Worship CH 10:30 Wii Bowling Class MR 1:30 Word Games MR 2:30 Afternoon Fit MR 3:00 Mixed Media/Collage AR 6:00 Sheepshead BT	9:30 Shop at Metro Market 25 9:30 Mini Golf Game MR 10:30 Crossword MR 1:30 Earth Day Social w/ JL Russell MR 3:30 Pins & Needles AR 5:30 Wii Pro Bowling MR	9:30 Scenic Ride 26 10:00 Table Top Games Country Store 1-2 pm 2:30 Rosary CH 3:00 Travel/Bio CH	27 1:30 Dollar Bingo MR 2:30 Wii Bowling League MR 3:00 Movie Matinee CH
28 9:00 Catholic Mass CH 1:30 Dominoes MR	9:15 Morning Fit FR 29 10:30 Wheel Of Fortune MR Country Store 1-2 2:00 Movie & Popcorn PR 2:30 Afternoon Fit MR 3:30 Open Dominoes MR 6:00 Sheepshead BT	9:30 Shop at Aldi 30 9:30 Baking Group AR Country Store 1-2pm 2:00 Quarter BINGO BT 3:00 Craft Corner AR 5:30 Wii Pro Bowling MR	<h2>Assisted Living</h2> <h1>April 2024</h1> 			

KEY: Black= Life Enrichment Activity **Red= Caregiver Field Trip** **Blue= Health Services Activity** Underlined= Visitor

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	8:45 Group Fitness 1 10:00 BINGO! 1:30 Sensory Experience 3:00 Coffee Chat 6:00 Craft Corner	10:00 Sit N' Stretch 2 10:30 Sing Along 1:30 Art Adventures 3:00 Coffee Chat 6:00 Ball Toss	8:45 Group Fitness 3 9:45 Praise & Worship 1:30 Hand Massage 3:00 Coffee Chat <u>4:30 Jacki On Violin</u> 6:00 Card Game	10:00 Sit N' Stretch 4 <u>10:30 Pet Therapy</u> 1:45 Bases Loaded Bash w/ Jerry Stephani 3:00 Coffee Chat 6:00 Balloon Bop	8:45 Group Fitness 5 9:30 Scenic Ride 1:30 Active Games 3:00 Coffee Chat 6:00 Be Funny Friday!	10:00 Bowling 1:00 Movie & Snacks 3:00 Music Requests 6:00 Board Game
7 10:00 Hymn Lyrics 1:00 Nail Spa & Snack 3:00 Virtual Church 6:00 Puzzles	8:45 Group Fitness 8 10:00 BINGO! 1:30 Sensory Experience 3:00 Coffee Chat 6:00 Craft Corner	10:00 Sit N' Stretch 9 10:30 Sing Along 1:30 Art Adventures 3:00 Coffee Chat 6:00 Ball Toss	8:45 Group Fitness 10 9:45 Praise & Worship 1:30 Hand Massage 3:00 Coffee Chat <u>4:30 Daniel on Keys</u> 6:00 Card Game	10:00 Sit N' Stretch 11 10:30 Arm Chair Travels 1:45 April Showers Social w/ Charles Barber DR 3:00 Coffee Chat 6:00 Balloon Bop	8:45 Group Fitness 12 9:30 Scenic Ride 1:30 Active Games 3:00 Coffee Chat 6:00 Be Funny Friday!	13 10:00 Bowling 1:00 Movie & Snacks 3:00 Music Requests 6:00 Board Game
14 10:00 Hymn Lyrics 1:00 Nail Spa & Snack 3:00 Virtual Church 6:00 Puzzles	8:45 Group Fitness 15 10:00 BINGO! 1:30 Sensory Experience 3:00 Coffee Chat 6:00 Craft Corner	10:00 Sit N' Stretch 16 10:30 Sing Along 1:30 Art Adventures 3:00 Coffee Chat 6:00 Ball Toss	8:45 Group Fitness 17 9:45 Praise & Worship 1:30 Hand Massage 3:00 Coffee Chat <u>4:30 Jacki On Violin</u> 6:00 Card Game	10:00 Sit N' Stretch 18 1:45 Birthday Party w/ Marcell Guyton 3:00 Coffee Chat 6:00 Balloon Bop	8:45 Group Fitness 19 9:30 Scenic Ride 1:30 Active Games 3:00 Coffee Chat 6:00 Be Funny Friday!	20 10:00 Bowling 1:00 Movie & Snacks 3:00 Music Requests 6:00 Board Game
21 10:00 Hymn Lyrics 1:00 Nail Spa & Snack 3:00 Virtual Church 6:00 Puzzles	8:45 Group Fitness 22 10:00 BINGO! 1:30 Sensory Experience 3:00 Coffee Chat 6:00 Craft Corner	10:00 Sit N' Stretch 23 10:30 Sing Along 1:30 Art Adventures 3:00 Coffee Chat 6:00 Ball Toss	8:45 Group Fitness 24 9:45 Praise & Worship 1:30 Hand Massage 3:00 Coffee Chat <u>4:30 Daniel on Keys</u> 6:00 Card Game	10:00 Sit N' Stretch 25 10:30 Arm Chair Travel 1:45 Earth Day Social w/ JL Russell 3:00 Coffee Chat 6:00 Balloon Bop	9:30 Scenic Ride 26 1:30 Active Games 3:00 Coffee Chat 6:00 Be Funny Friday!	27 10:00 Bowling 1:00 Movie & Snacks 3:00 Music Requests 6:00 Board Game
28 10:00 Hymn Lyrics 1:00 Nail Spa & Snack 3:00 Virtual Church 6:00 Puzzles	8:45 Group Fitness 29 10:00 BINGO! 1:30 Sensory Experience 3:00 Coffee Chat 6:00 Craft Corner	10:00 Sit N' Stretch 30 10:30 Sing Along 1:30 Art Adventures 3:00 Coffee Chat 6:00 Ball Toss	 <h1 style="margin: 0;">Memory Care</h1> <h1 style="margin: 0;">April 2024</h1> 			

Senior Living



CR = Community Room

Assisted Living

MR = Media Room

FR = Fitness Room

Memory Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 8:30 Memory Care 9:15 Morning Fit FR 1:15 Functional Fit CR 2:30 Afternoon Fit MR	2 9:30 Tai Chi CR	3 8:30 Memory Care 9:15 Morning Fit FR 11:00 Balance CR 1:15 Functional Fit CR 2:30 Afternoon Fit MR	4	5 8:30 Memory Care 9:15 Mind/Body Fit FR 10:30 Fun Friday CR 2:30 Cardio Drum FR	6
7	8 8:30 Memory Care 9:15 Morning Fit FR 10:00 ID Theft Talk CR 1:15 Functional Fit CR 2:30 Afternoon Fit MR	9 9:30 Tai Chi CR	10 8:30 Memory Care 9:15 Morning Fit FR 11:00 Balance CR 1:15 Functional Fit CR 2:30 Afternoon Fit MR	11 10:00 Seated Yoga Video MR	12 8:30 Memory Care 9:15 Mind/Body Fit FR 10:30 Fun Friday CR 2:30 Cardio Drum FR	13
14	15 8:30 Memory Care 9:15 Morning Fit FR 1:15 Functional Fit CR 2:30 Afternoon Fit MR	16 9:30 Tai Chi CR	17 8:30 Memory Care 9:15 Morning Fit FR 11:00 Balance CR 1:00 Fitness Walk Nagawaukee Park 2:30 Afternoon Fit MR	18 10:00 Seated Yoga Video MR	19 8:30 Memory Care 9:15 Mind/Body Fit FR 10:30 Fun Friday CR 2:30 Cardio Drum FR	20
21	22 8:30 Memory Care 9:15 Morning Fit FR 1:15 Functional Fit CR 2:30 Afternoon Fit MR	23 9:30 Tai Chi CR	24 8:30 Memory Care 9:15 Morning Fit FR 11:00 Balance CR 1:15 Functional Fit CR 2:30 Afternoon Fit MR	25 10:00 Seated Yoga Video MR	26 8:30 Memory Care 9:15 Mind/Body Fit FR 10:30 Fun Friday CR 2:30 Cardio Drum FR	27
28	29 8:30 Memory Care 9:15 Morning Fit FR 1:15 Functional Fit CR 2:30 Afternoon Fit MR	30 NO CLASS		Fitness Calendar <i>April 2024</i>		